

## WEBSTER COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Webster County resulting in strong families for Kentucky. Educational programs focus on:

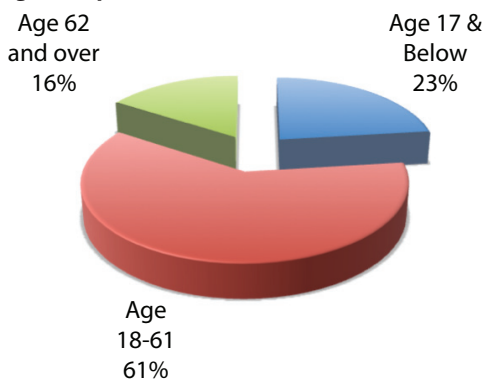
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **7,540** contacts with Webster County families during 2009-2010.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=14,120)

► 2008 estimates from the 2000 U.S. Census reported total population as **14,120**.<sup>2</sup> The graph on the right indicates the percentage by age group.



### SPOTLIGHT ON...

## NURTURING FAMILIES

According to the GRADD Health Report Card, in 2008 Webster County had 284 drug arrests. The National Center on Addiction and Substance Abuse has consistently found that the more often kids eat dinner with their families, the less likely they are to smoke, drink, or use drugs. To promote spending time together and parental involvement, County Extension Agents, Family Resource Centers, Delta, Kentucky A.S.A.P., and the Yes! Council hosted two dinners to promote family mealtime while teaching internet safety, kitchen safety, and good nutrition practices. Forty-five individuals attended the Family Day dinner, and 32 attended the Fatherhood dinner. At the conclusion, 57% of parents had an increased awareness of the importance of parent involvement in a child's healthy development.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Webster County was **8.5%**.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Webster County, **2.9%** of mortgages are 90-days delinquent and **1.4%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **22** foreclosures were filed.<sup>5</sup>

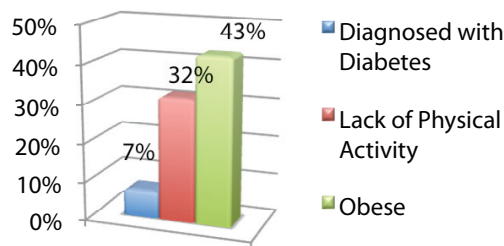
Access to health insurance is another important factor contributing to family well-being. In Webster County, **14%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in Webster County Extension programs:<sup>1</sup>

- **37** people reported they would join a local fitness facility.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Webster County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in Webster County Extension programs:<sup>1</sup>

- **70%** of people learned valuable information about heart health.
- **97%** of people learned something new about colon cancer.
- **30** people lost an average of 7.62 pounds per person.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Webster County families can be described as follows:<sup>2</sup>

- **4,054** families reside in the county.
- **506** families (**12.4%**) live below poverty level.
- Median family income is **\$38,208**.
- **181** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **769** people in Webster County receive supplemental nutrition assistance. The average family benefit is **\$235.64** per month.<sup>3</sup>

In the county, **9** children live in out-of-home care. There were **25**

child victims of substantiated abuse.<sup>4</sup> There were **50** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Webster County Extension programs:<sup>1</sup>

- **44** people increased their awareness of parent involvement in healthy child development.

## SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.