TAYLOR COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2011



OUR FOCUS

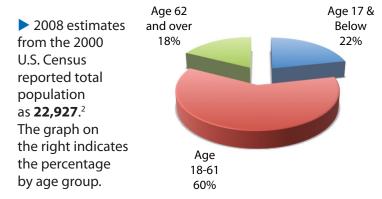
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Taylor County resulting in strong families for Kentucky. Educational programs focus on:

Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **10,697** contacts with Taylor County families during 2009-2010.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=22,927)

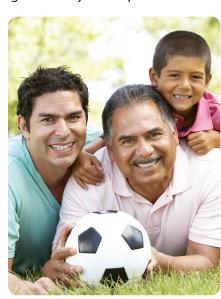


SPOTLIGHT ON...

MAKING BENEFICIAL LIFESTYLE CHOICES

aylor Countians benefited from Cooperative Extension Service efforts to make life better and healthier by offering programs to address local problems of obesity and physical inactivity. Second Sunday in October has engaged hundreds in outdoor activity. "A Matter of Balance," a course for older adults, taught exercises to improve balance and to recognize and reduce the risk of falling. Thirty participants in "Biggest Loser" classes lost 80 pounds. "Life Skills" was taught to thirty-seven parents receiv-

ing public benefits. In learning to cook and bake, parents and children saw a greater variety of foods for better nutrition. Thirtynine drug court participants and 50 publichousing residents learned to plan meals and manage resources.1





OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Taylor County was 12.0%.6

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Taylor County, **1.9%** of mortgages are 90-days delinquent

As a result of participation in Taylor County Extension programs:¹

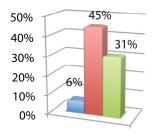
- 210 people were involved in addressing issues of their community.
- 135 people expanded their knowledge of economic development.
- Taylor County Extension is involved in 22 community coalitions.

and **1.6%** of bank cards are 60-days delinquent.⁷ In a oneyear period (August 2009 through August 2010), **50** foreclosures were filed.⁵

Access to health insurance is another important factor contributing to family well-being. In Taylor County, **15%** of the people under age 65 are uninsured.⁸

OUR HEALTH

➤ The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Taylor County. *Figure 2. Health Risks.*⁸



- Diagnosed with Diabetes
- Lack of Physical
 Activity
- Obese

As a result of participation in Taylor County Extension programs:¹

- 424 people increased knowledge of practices to maintain health and well-being.
- 126 people developed skills to access affordable food
- **263** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

OUR FAMILIES

- ▶ Using data from the 2000 U.S. Census, Taylor County families can be described as follows:²
- 6,559 families reside in the county.
- 932 families (14.2%) live below poverty level.
- Median family income is \$33,854.
- 112 grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, 1,731 people in Taylor County receive supplemental nutrition assistance. The average family benefit is \$229.29 per month.³

In the county, **38** children live in out-of-home care. There were **62**

child victims of substantiated abuse.⁴ There were **66** incidents of adult abuse.⁵

As a result of participation in Taylor County Extension programs:¹

- 78 people adopted money management practices to reduce debt and/or increase savings.
- **140** adult or child care providers increased their knowledge and skills related to age appropriate care.
- 126 adults and youth improved practical living skills.

SOURCES

- ¹ Kentucky Cooperative Extension Service, Impact Reporting, FY2010.
- $^{\rm 2}$ U.S. Bureau of the Census, Census 2000. 2008 Estimates.
- ³ Kentucky Cabinet for Health and Family Services, Data Book, December 2008.
- ⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.
- ⁵ Kentucky Administrative Office of the Courts, September, 2010
- ⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.
- ⁷ TransUnion LLC., Trend Data, Quarter 1 2010.
- $^{\rm 8}$ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.