

## ROBERTSON COUNTY

Terry Whalen, County Extension Agent, Family & Consumer Sciences

# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Robertson County resulting in strong families for Kentucky. Educational programs focus on:

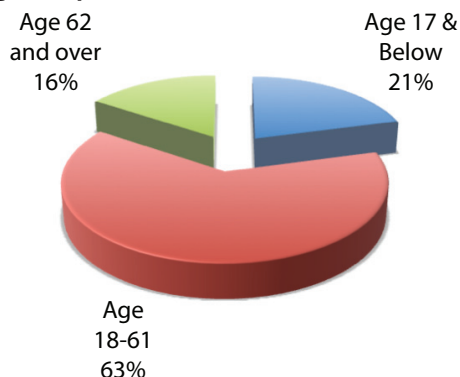
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **8,780** contacts with Robertson County families during 2009-2010.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=2,266)

► 2008 estimates from the 2000 U.S. Census reported total population as **2,266**.<sup>2</sup> The graph on the right indicates the percentage by age group.



### SPOTLIGHT ON...

## PROMOTING HEALTHY HOMES AND COMMUNITIES

Robertson County has significant healthcare deficiencies. There is no dental office, pharmacy, emergency treatment facility, ambulance service, medical lab, or healthcare supply store. The sole physician's office is open only a few hours each week. Extension Homemakers, in partnership with several community partners, help fill the void by holding an annual adult health fair. Specialists and agencies from adjoining counties provide educational booths; displays; screenings for blood pressure, blood oxygen, and body fat analysis; eye, hearing, and dental exams; and complete blood analyses. The event drew 135 participants; with over 100 participating in health screenings. Every year the blood analyses have revealed heart disease, diabetes, or other serious health conditions in unsuspecting participants.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Robertson County was **9.2%**.<sup>6</sup>

Foreclosure filings are important financial indicators of community well-being. In a one-year period (August 2009 through August 2010), **8** foreclosures were filed.<sup>5</sup>

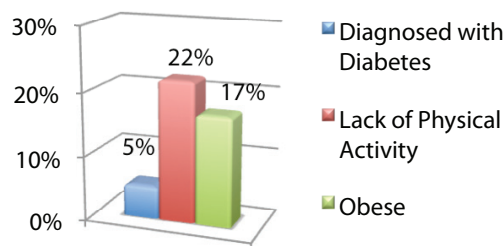
Access to health insurance is another important factor contributing to family well-being. In Robertson County, **13%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in Robertson County Extension programs:<sup>1</sup>

- **30** people were involved in addressing issues of their community.
- **3** people were prepared to enter the work force.
- **5** people expanded their knowledge of economic development.
- Robertson County Extension is involved in **4** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Robertson County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in Robertson County Extension programs:<sup>1</sup>

- **175** people increased knowledge of practices to maintain health and well-being.
- **120** people increased knowledge of safe practices to store, handle, and prepare food.
- **120** people made lifestyle changes to improve health.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Robertson County families can be described as follows:<sup>2</sup>

- **622** families reside in the county.
- **107** families (**17.5%**) live below poverty level.
- Median family income is **\$35,521**.
- **38** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **177** people in Robertson County receive supplemental nutrition assistance. The average family benefit is **\$264.34** per month.<sup>3</sup>

In the county, **19** children live in out-of-home care. There were **8**

child victims of substantiated abuse.<sup>4</sup> There was **1** incident of adult abuse.<sup>5</sup>

### As a result of participation in Robertson County Extension programs:<sup>1</sup>

- **30** adults and youth improved their ability to make informed and effective decisions.
- **45** adults and youth improved practical living skills.
- **90** people increased their knowledge and skills related to parenting and personal relationships.

## SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.