

## PIKE COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Pike County resulting in strong families for Kentucky. Educational programs focus on:

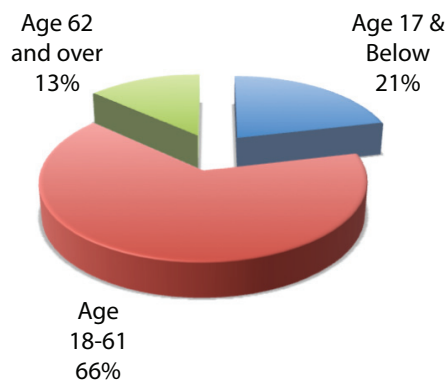
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **18,425** contacts with Pike County families during 2009-2010.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=68,736)

► 2008 estimates from the 2000 U.S. Census reported total population as **68,736**.<sup>2</sup> The graph on the right indicates the percentage by age group.



### SPOTLIGHT ON...

## MAKING BENEFICIAL LIFESTYLE CHOICES

Of 120 counties, Pike ranks as the 110th least-healthy county in Kentucky, according to the Kentucky Institute of Health, with many health-related challenges beginning in childhood. The Pike County Family and Consumer Science Agent and volunteers reached 500 students with Literacy Eating and Activity for Preschool (LEAP), a program designed to teach children healthy habits. To keep promoting healthy habits, each kindergarten class received a set of story books. Ninety-six percent of the students in the program tried a new fruit or vegetable; and 100% became more physically active. As a result of LEAP, teachers have reported seeing students bring healthier choices for lunch, including spinach, and parents have reported positive behavioral changes.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Pike County was **9.6%**.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Pike County, **1.8%** of mortgages are 90-days delinquent and **1.8%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **61** foreclosures were filed.<sup>5</sup>

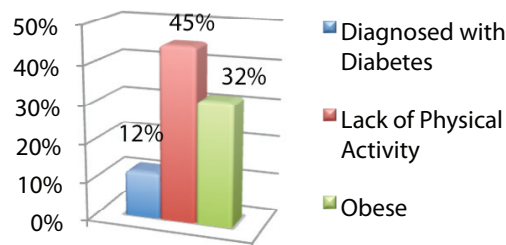
Access to health insurance is another important factor contributing to family well-being. In Pike County, **15%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in Pike County Extension programs:<sup>1</sup>

- **1,608** people were involved in addressing issues of their community.
- **27** people were prepared to enter the work force.
- **1,645** people expanded their knowledge of economic development.
- Pike County Extension is involved in **41** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Pike County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in Pike County Extension programs:<sup>1</sup>

- **9,795** people increased knowledge of practices to maintain health and well-being.
- **5,300** people increased knowledge of safe practices to store, handle, and prepare food.
- **2,150** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Pike County families can be described as follows:<sup>2</sup>

- **20,364** families reside in the county.
- **4,217** families (**20.6%**) live below poverty level.
- Median family income is **\$29,302**.
- **831** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **7,094** people in Pike County receive supplemental nutrition assistance. The average family benefit is **\$219.01** per month.<sup>3</sup>

In the county, **79** children live in out-of-home care. There were **375**

child victims of substantiated abuse.<sup>4</sup> There were **178** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Pike County Extension programs:<sup>1</sup>

- **4,465** adults and youth improved their ability to make informed and effective decisions.
- **1,045** adults and youth improved practical living skills.
- **150** adult or child care providers increased their knowledge and skills related to age appropriate care.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.