

## OHIO COUNTY

Family &amp; Consumer Sciences

# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



## OUR FOCUS

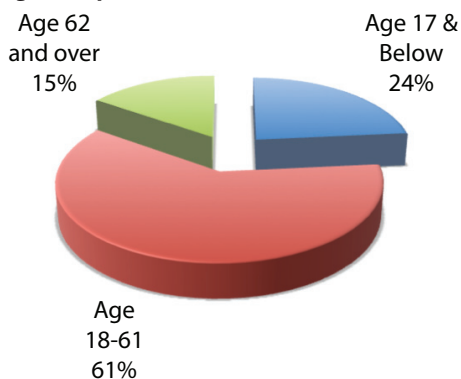
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Ohio County resulting in strong families for Kentucky. Educational programs focus on:

**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

## OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=22,916)

► 2008 estimates from the 2000 U.S. Census reported total population as **22,916**.<sup>2</sup> The graph on the right indicates the percentage by age group.



## SPOTLIGHT ON...

## MAKING BENEFICIAL LIFESTYLE CHOICES

Childhood obesity is a significant, yet preventable problem in Kentucky. In order to address community concerns, Ohio County Extension provided the Literacy, Eating, and Activity for Pre-school (LEAP) curriculum in order to expose children to healthy eating and nutrition habits early in life. Participants included 763 children. As a result of their involvement in the learning activities, 118 children were able to demonstrate proper hand washing, 763 children sampled a variety of foods which included fruits and vegetables, and 763 children increased their level of physical activity.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Ohio County was **9.3%**.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Ohio County, **2.2%** of mortgages are 90-days delinquent and **1.6%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **68** foreclosures were filed.<sup>5</sup>

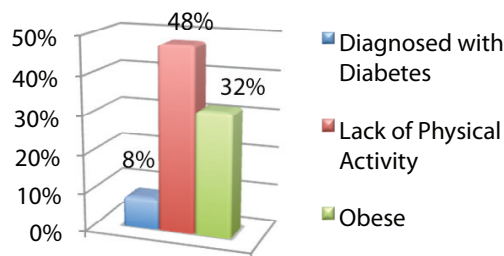
Access to health insurance is another important factor contributing to family well-being. In Ohio County, **14%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in Ohio County Extension programs:<sup>1</sup>

- **293** people were involved in addressing issues of their community.
- **200** people increased their knowledge of governmental process.
- **288** people were prepared to enter the work force.
- Ohio County Extension is involved in **44** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Ohio County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in Ohio County Extension programs:<sup>1</sup>

- **2,250** people increased knowledge of practices to maintain health and well-being.
- **2,000** people increased knowledge of safe practices to store, handle, and prepare food.
- **350** people developed skills to access affordable food.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Ohio County families can be described as follows:<sup>2</sup>

- **6,587** families reside in the county.
- **919** families (**13.9%**) live below poverty level.
- Median family income is **\$34,970**.
- **213** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,776** people in Ohio County receive supplemental nutrition assistance. The average family benefit is **\$244.78** per month.<sup>3</sup>

In the county, **93** children live in out-of-home care. There were **106**

child victims of substantiated abuse.<sup>4</sup> There were **99** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Ohio County Extension programs:<sup>1</sup>

- **1,250** adults and youth improved their ability to make informed and effective decisions.
- **168** people increased their knowledge and skills related to parenting and personal relationships.
- **1,600** adults and youth improved practical living skills.

## SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.