

## METCALFE COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Metcalfe County resulting in strong families for Kentucky. Educational programs focus on:

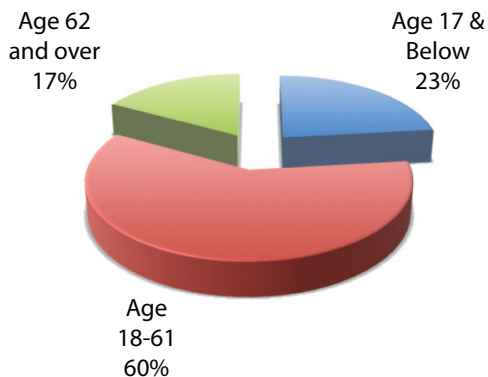
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **7,473** contacts with Metcalfe County families during 2009-2010.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=10,037)

► 2008 estimates from the 2000 U.S. Census reported total population as **10,037**.<sup>2</sup> The graph on the right indicates the percentage by age group.



### SPOTLIGHT ON...

## ACCESSING NUTRITIOUS FOOD

In a new initiative, Metcalfe County Extension partnered with the Bowling Community Park Homeless Shelter to ensure that migrant residents receive ongoing Supplemental Nutrition Assistance Program Education (SNAP-Ed) services during their stay. Qualified families meet with the SNAP-Ed Assistant for nutrition education sessions to learn healthful food choices on a budget. Several of the shelter families could not access fresh foods, particularly fruits, vegetables, and dairy products for a healthy diet. To address this concern the local American Legion and the Edmon-ton Masonic Lodge donors privately fund a stipend of \$50 for families in need to purchase fresh produce and dairy products under the direction of the SNAP-Ed Assistant.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Metcalfe County was **15.3%**.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Metcalfe County, **1.6%** of mortgages are 90-days delinquent and **0.3%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **4** foreclosures were filed.<sup>5</sup>

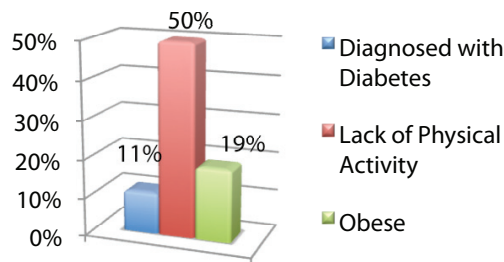
Access to health insurance is another important factor contributing to family well-being. In Metcalfe County, **19%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in Metcalfe County Extension programs:<sup>1</sup>

- **138** people were involved in addressing issues of their community.
- **48** people increased their knowledge of governmental process.
- **165** people expanded their knowledge of economic development.
- Metcalfe County Extension is involved in **12** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Metcalfe County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in Metcalfe County Extension programs:<sup>1</sup>

- **273** people increased knowledge of practices to maintain health and well-being.
- **169** people increased knowledge of safe practices to store, handle, and prepare food.
- **142** people developed skills to access affordable food.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Metcalfe County families can be described as follows:<sup>2</sup>

- **2,883** families reside in the county.
- **549** families (**18.8%**) live below poverty level.
- Median family income is **\$29,178**.
- **96** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **857** people in Metcalfe County receive supplemental nutrition assistance. The average family benefit is **\$234.81** per month.<sup>3</sup>

In the county, **15** children live in out-of-home care. There were **49**

child victims of substantiated abuse.<sup>4</sup> There were **45** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Metcalfe County Extension programs:<sup>1</sup>

- **1,520** adults and youth improved their ability to make informed and effective decisions.
- **166** people adopted money management practices to reduce debt and/or increase savings.
- **1,611** adults and youth improved practical living skills.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.