

MCLEAN COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2011



OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in McLean County resulting in strong families for Kentucky. Educational programs focus on:

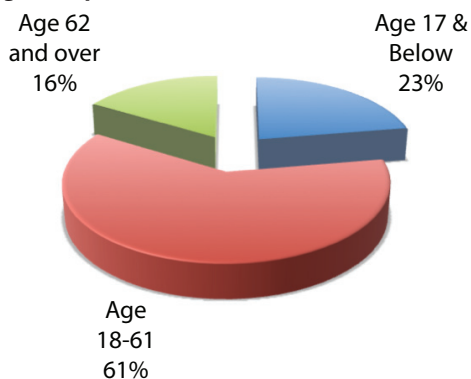
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **6,683** contacts with McLean County families during 2009-2010.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=9,938)

► 2008 estimates from the 2000 U.S. Census reported total population as **9,938**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

PROMOTING HEALTHY HOMES AND COMMUNITIES

McLean County is ranked the 85th healthiest county for overall health in 2010 by Health and Family Services Cabinet. According to Kentucky Health Facts, in 2009 twenty-five people died from heart disease, four people died due to strokes, and three people died from colorectal cancer in the county. Because of these death rates, Cooperative Extension and community partners hosted three lunch-and-learn sessions during the spring to raise awareness of women's heart disease, colorectal cancer, and stroke prevention. Go Red Luncheon–Women's Heart Disease, Go Blue Colorectal Luncheon, and Stroke Awareness Luncheon had 115 total participants. One hundred percent of participants indicated they needed to take better care of themselves and 41% planned to be screened for colorectal cancer.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in McLean County was **10.1%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In McLean County, **1.3%** of mortgages are 90-days delinquent and **2.7%** of bank cards are 60-days delinquent.⁷ In a one-year period (August 2009 through August 2010), **16** foreclosures were filed.⁵

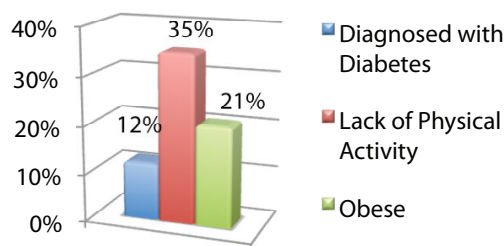
Access to health insurance is another important factor contributing to family well-being. In McLean County, **13%** of the people under age 65 are uninsured.⁸

As a result of participation in McLean County Extension programs:¹

- **934** people were involved in addressing issues of their community.
- **194** people increased their knowledge of governmental process.
- **378** people expanded their knowledge of economic development.
- McLean County Extension is involved in **539** community coalitions.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in McLean County. **Figure 2. Health Risks.**⁸



As a result of participation in McLean County Extension programs:¹

- **1,256** people increased knowledge of practices to maintain health and well-being.
- **356** people developed skills to access affordable food.
- **234** people made lifestyle changes to improve health.

OUR FAMILIES

► Using data from the 2000 U.S. Census, McLean County families can be described as follows:²

- **2,881** families reside in the county.
- **399** families (**13.7%**) live below poverty level.
- Median family income is **\$35,322**.
- **124** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **592** people in McLean County receive supplemental nutrition assistance. The average family benefit is **\$233.53** per month.³

In the county, **8** children live in out-of-home care. There were **64**

child victims of substantiated abuse.⁴ There were **29** incidents of adult abuse.⁵

As a result of participation in McLean County Extension programs:¹

- **1,156** adults and youth improved their ability to make informed and effective decisions.
- **456** people increased their knowledge and skills related to parenting and personal relationships.
- **1,285** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

² U.S. Bureau of the Census, Census 2000. 2008 Estimates.

³ Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

⁵ Kentucky Administrative Office of the Courts, September, 2010

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

⁷ TransUnion LLC., Trend Data, Quarter 1 2010.

⁸ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.