

## MCCRACKEN COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in McCracken County resulting in strong families for Kentucky. Educational programs focus on:

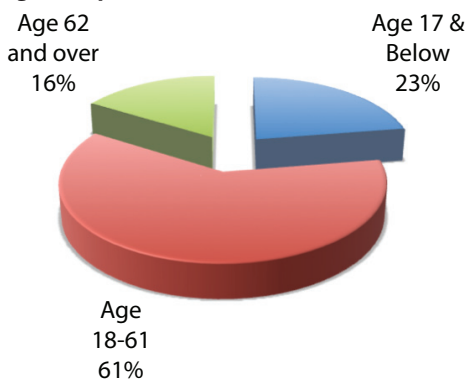
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **23,121** contacts with McCracken County families during 2009-2010.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=65,514)

► 2008 estimates from the 2000 U.S. Census reported total population as **65,514**.<sup>2</sup> The graph on the right indicates the percentage by age group.



### SPOTLIGHT ON...

## SECURING FINANCIAL STABILITY

**M**cCracken County Family and Consumer Science and Agriculture Agents collaborated to present a comprehensive Estate Planning Seminar using U.K. Extension material to residents of McCracken and surrounding counties. Six local professionals, including attorneys, accountants, bank trust officers, and a licensed funeral home director, addressed estate and retirement planning, financial considerations, and long-term medical care and Medicaid planning as it relates to the overall estate plan. Most of the 78 participants were convinced at the start of the seminar that they had made sufficient planning efforts. At the conclusion, 90% reported that they had gained information that motivated them to make changes; 60% intended to make changes immediately. Five families reported making changes the same week.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in McCracken County was **8.5%**.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In McCracken County, **2.5%** of mortgages are 90-days delinquent and **1.4%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **38** foreclosures were filed.<sup>5</sup>

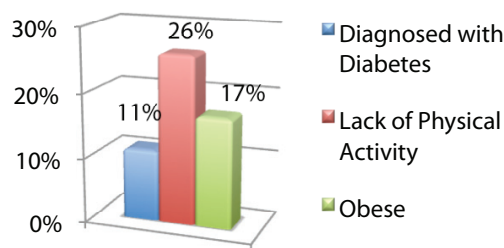
Access to health insurance is another important factor contributing to family well-being. In McCracken County, **12%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in McCracken County Extension programs:<sup>1</sup>

- **321** people expanded their knowledge of economic development.
- **650** people increased their knowledge of governmental process.
- **533** people were prepared to enter the work force.
- McCracken County Extension is involved in **40** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in McCracken County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in McCracken County Extension programs:<sup>1</sup>

- **1,300** people increased knowledge of safe practices to store, handle, and prepare food.
- **450** people implemented practices to maintain health and well-being.
- **550** people made lifestyle changes to improve health.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, McCracken County families can be described as follows:<sup>2</sup>

- **18,457** families reside in the county.
- **2,112** families (**11.4%**) live below poverty level.
- Median family income is **\$42,513**.
- **540** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **4,209** people in McCracken County receive supplemental nutrition assistance. The average family benefit is **\$232.51** per month.<sup>3</sup>

In the county, **189** children live in out-of-home care. There were **142**

child victims of substantiated abuse.<sup>4</sup> There were **276** incidents of adult abuse.<sup>5</sup>

### As a result of participation in McCracken County Extension programs:<sup>1</sup>

- **750** adults and youth improved their ability to make informed and effective decisions.
- **450** people adopted money management practices to reduce debt and/or increase savings.
- **1,200** people increased their knowledge and skills related to parenting and personal relationships.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.