

LESLIE COUNTY

Nanette Banks, County Extension Agent, Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY 2011



OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Leslie County resulting in strong families for Kentucky. Educational programs focus on:

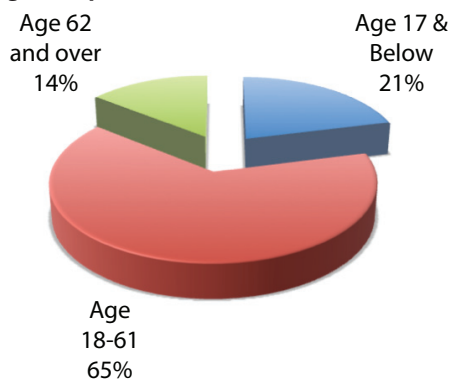
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **12,292** contacts with Leslie County families during 2009-2010.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=12,401)

► 2008 estimates from the 2000 U.S. Census reported total population as **12,401**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

EMBRACING LIFE AS YOU AGE

Leslie County is one of Kentucky's least healthy and "grayer" counties, with 12% of the population age 65 and older. Local Extension Advisory Councils identified senior programming as a high priority. To serve this aging base, two Family and Consumer Sciences Agents from adjoining counties collaborated with Mary Breckinridge Hospital to offer a one-day health fair. The 118 participants listened to 17 eight-minute topics, among them, adaptive clothing, diabetes, elder abuse, fall prevention, balance, medications, osteoporosis, stroke signs, and the top six cancers and when to screen. Two University of Kentucky Extension specialists, a pharmacist from UK Healthcare, UK Extension agents, UK EF-NEP assistants, UK interns, and local businesses provided health information.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Leslie County was **12.8%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Leslie County, **1.2%** of mortgages are 90-days delinquent and **2.3%** of bank cards are 60-days delinquent.⁷ In a one-year period (August 2009 through August 2010), **10** foreclosures were filed.⁵

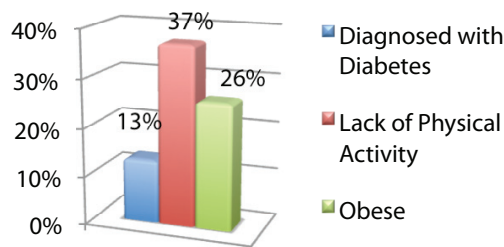
Access to health insurance is another important factor contributing to family well-being. In Leslie County, **18%** of the people under age 65 are uninsured.⁸

As a result of participation in Leslie County Extension programs:¹

- **225** people were involved in addressing issues of their community.
- **112** people expanded their knowledge of economic development.
- Leslie County Extension is involved in **35** community coalitions.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Leslie County. **Figure 2. Health Risks.**⁸



As a result of participation in Leslie County Extension programs:¹

- **582** people increased knowledge of practices to maintain health and well-being.
- **500** people increased knowledge of safe practices to store, handle, and prepare food.
- **118** people made lifestyle changes to improve health.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Leslie County families can be described as follows:²

- **3,668** families reside in the county.
- **1,121** families (**30.2%**) live below poverty level.
- Median family income is **\$22,225**.
- **126** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,875** people in Leslie County receive supplemental nutrition assistance. The average family benefit is **\$212.64** per month.³

In the county, **49** children live in out-of-home care. There were **41**

child victims of substantiated abuse.⁴ There were **37** incidents of adult abuse.⁵

As a result of participation in Leslie County Extension programs:¹

- **92** adults and youth improved their ability to make informed and effective decisions.
- **75** people adopted money management practices to reduce debt and/or increase savings.
- **96** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

² U.S. Bureau of the Census, Census 2000. 2008 Estimates.

³ Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

⁵ Kentucky Administrative Office of the Courts, September, 2010

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

⁷ TransUnion LLC., Trend Data, Quarter 1 2010.

⁸ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.