

# LAUREL COUNTY

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# **BUILDING STRONG FAMILIES** FOR KENTUCKY 2011



# OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Laurel County resulting in strong families for Kentucky. Educational programs focus on:

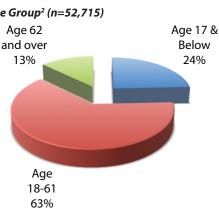
#### Making Beneficial Lifestyle Choices Nurturing Families Embracing Life as You Age Securing Financial Stability Promoting Healthy Homes and Communities Accessing Nutritious Food Empowering Community Leaders

Family and Consumer Sciences Extension made **12,080** contacts with Laurel County families during 2009-2010.<sup>1</sup>

# OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=52,715)

2008 estimates from the 2000 U.S. Census reported total population as 52,715.<sup>2</sup> The graph on the right indicates the percentage by age group.



#### SPOTLIGHT ON...

# SECURING FINANCIAL STABILITY

ith a recognized need for locally-based continuing education, Laurel County Extension Service encouraged the Board of Education to obtain grant funding to support an education program to improve life skills. Since inception, Family and Consumer Sciences has been a co-sponsor of the lifelong learning classes offered each semester. The classes improve the local economy, and small businesses have been started in Laurel County as a direct result of classes offered by the Extension Service. One example is Wopp's Lollipops, started by two women who are approaching retirement. While

attending a microwave candymaking class, they developed a home-based business that will provide additional income during retirement. They credit the class with making a difference in their lives and economic situation.<sup>1</sup>





#### OUR COMMUNITY

Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Laurel County was 9.8%.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Laurel County, **2.6%** of mortgages are 90-days delinguent

#### As a result of participation in Laurel County Extension programs:<sup>1</sup>

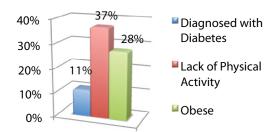
- **600** people were involved in addressing issues of their community.
- **200** people expanded their knowledge of economic development.
- Laurel County Extension is involved in **31** community coalitions.

and **2.0%** of bank cards are 60-days delinquent.<sup>7</sup> In a oneyear period (August 2009 through August 2010), **182** foreclosures were filed.<sup>5</sup>

Access to health insurance is another important factor contributing to family well-being. In Laurel County, **16%** of the people under age 65 are uninsured.<sup>8</sup>

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Laurel County. *Figure 2. Health Risks.*<sup>®</sup>



#### As a result of participation in Laurel County Extension programs:<sup>1</sup>

- **3,000** people increased knowledge of practices to maintain health and well-being.
- **400** people used safe practices to store, handle, and prepare food.
- **2,000** people developed skills to access affordable food.

## OUR FAMILIES

- ► Using data from the 2000 U.S. Census, Laurel County families can be described as follows:<sup>2</sup>
- 15,364 families reside in the county.
- 2,747 families (17.8%) live below poverty level.
- Median family income is **\$31,318**.
- **571** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **5,582** people in Laurel County receive supplemental nutrition assistance. The average family benefit is **\$252.66** per month.<sup>3</sup>

In the county, **193** children live in out-of-home care. There were **262** 

child victims of substantiated abuse.<sup>4</sup> There were **120** incidents of adult abuse.<sup>5</sup>

#### As a result of participation in Laurel County Extension programs:<sup>1</sup>

- **4,000** adults and youth improved their ability to make informed and effective decisions.
- **200** people adopted money management practices to reduce debt and/or increase savings.
- **4,000** adults and youth improved practical living skills.

#### SOURCES

- <sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.
- <sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.
- <sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.
- <sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.
- <sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010
- <sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.
  <sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.
- <sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.