

## JESSAMINE COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Jessamine County resulting in strong families for Kentucky. Educational programs focus on:

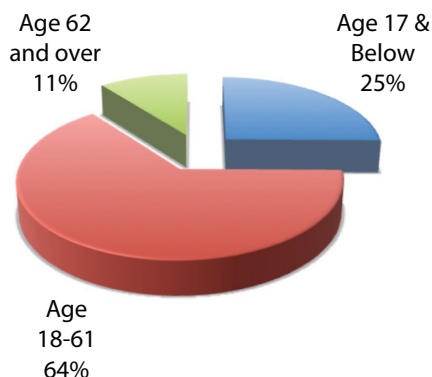
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **15,741** contacts with Jessamine County families during 2009-2010.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=39,041)

► 2008 estimates from the 2000 U.S. Census reported total population as **39,041**.<sup>2</sup> The graph on the right indicates the percentage by age group.



### SPOTLIGHT ON...

## ACCESSING NUTRITIOUS FOOD

Jessamine County Cooperative Extension Office provided a series of educational opportunities to families who deal with poverty and hunger on a daily basis, collaborating with Jessamine County School Family and Youth Service Centers and the local Drug Court Program for Speedy, Healthy and On the Go. This two-month series helped families plan low-cost, nutritious meals in order to maximize the nutritional value of their diets. This program, with 85% attendance, brought together local school system leaders and local and state-elected officials to combat hunger in the community. Additionally, after four years, Jessamine County instituted a summer feeding program, and in one week alone, served a free lunch to over 275 children.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Jessamine County was **8.8%**.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Jessamine County, **3.9%** of mortgages are 90-days delinquent and **1.5%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **318** foreclosures were filed.<sup>5</sup>

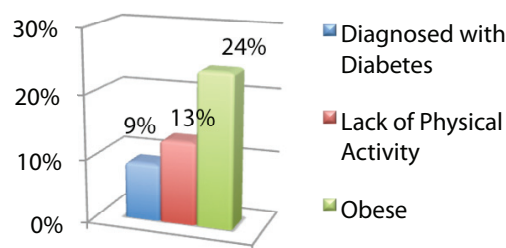
Access to health insurance is another important factor contributing to family well-being. In Jessamine County, **12%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in Jessamine County Extension programs:<sup>1</sup>

- **1,421** people were involved in addressing issues of their community.
- **170** people increased their knowledge of governmental process.
- **310** people expanded their knowledge of economic development.
- Jessamine County Extension is involved in **24** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Jessamine County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in Jessamine County Extension programs:<sup>1</sup>

- **7,800** people implemented new practices to maintain health and well-being.
- **9,000** people increased knowledge of safe practices to store, handle, and prepare food.
- **2,000** people developed skills to access affordable food.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Jessamine County families can be described as follows:<sup>2</sup>

- **10,657** families reside in the county.
- **902** families (**8.4%**) live below poverty level.
- Median family income is **\$46,152**.
- **265** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **2,456** people in Jessamine County receive supplemental nutrition assistance. The average family benefit is **\$283.10** per month.<sup>3</sup>

In the county, **96** children live in out-of-home care. There were **136**

child victims of substantiated abuse.<sup>4</sup> There were **216** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Jessamine County Extension programs:<sup>1</sup>

- **3,010** adults and youth improved their ability to make informed and effective decisions.
- **125** people adopted money management practices to reduce debt and/or increase savings.
- **75** people increased their knowledge and skills related to parenting and personal relationships.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.