

## GREENUP COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

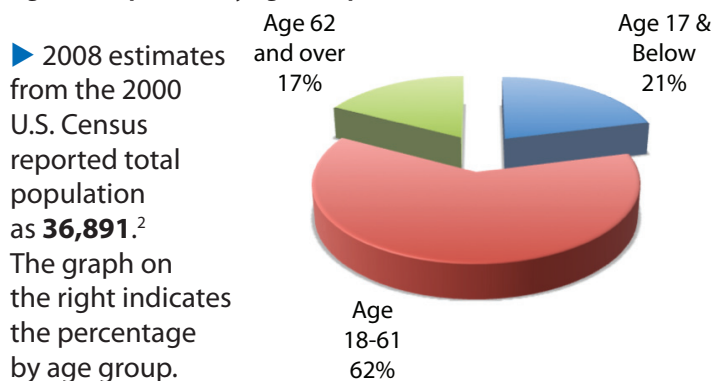
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Greenup County resulting in strong families for Kentucky. Educational programs focus on:

**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **6,389** contacts with Greenup County families during 2009-2010.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=36,891)



### SPOTLIGHT ON...

## MAKING BENEFICIAL LIFESTYLE CHOICES

Written years ago, “Vegetabella” is a nutrition-education play that has been revised to reflect changes in nutritional recommendations that now include physical activity and the food guide pyramid. “Vegetabella” was presented at the Argillite Elementary School because of the high number of students receiving free and reduced lunch. The county elementary school music teacher took the lead in the production and secured props. Fifth-grade teachers, the Family Resource Center Coordinator, and the Family and Consumer Sciences Agent also supported the effort. During production, youth learned the importance of team work, good health practices, MyPyramid, and entertainment. Because the play was so well received, “Vegetabella” will move to an additional elementary school next year.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Greenup County was **8.9%**.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Greenup County, **2.7%** of mortgages are 90-days delinquent and **1.7%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **115** foreclosures were filed.<sup>5</sup>

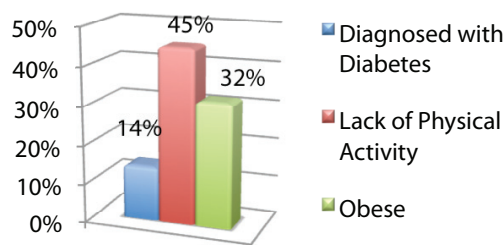
Access to health insurance is another important factor contributing to family well-being. In Greenup County, **13%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in Greenup County Extension programs:<sup>1</sup>

- **250** people were involved in addressing issues of their community.
- **123** people increased their knowledge of governmental process.
- **394** people expanded their knowledge of economic development.
- Greenup County Extension is involved in **50** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Greenup County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in Greenup County Extension programs:<sup>1</sup>

- **567** people increased knowledge of practices to maintain health and well-being.
- **145** people increased knowledge of safe practices to store, handle, and prepare food.
- **100** people developed skills to access affordable food.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Greenup County families can be described as follows:<sup>2</sup>

- **11,026** families reside in the county.
- **1,289** families (**11.6%**) live below poverty level.
- Median family income is **\$38,928**.
- **303** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **2,439** people in Greenup County receive supplemental nutrition assistance. The average family benefit is **\$252.07** per month.<sup>3</sup>

In the county, **100** children live in out-of-home care. There were **190**

child victims of substantiated abuse.<sup>4</sup> There were **73** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Greenup County Extension programs:<sup>1</sup>

- **1,173** adults and youth improved their ability to make informed and effective decisions.
- **80** people increased their knowledge and skills related to parenting and personal relationships.
- **700** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.