

GREEN COUNTY

Audrey Myers, County Extension Agent, Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY 2011

**OUR FOCUS**

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Green County resulting in strong families for Kentucky. Educational programs focus on:

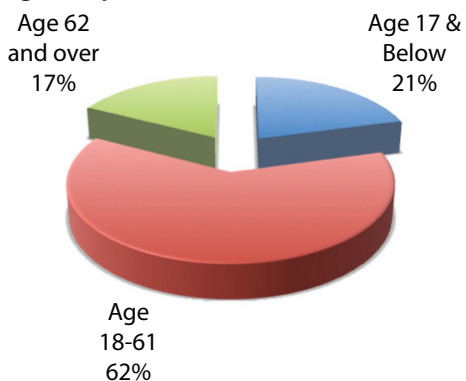
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **27,055** contacts with Green County families during 2009-2010.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=11,518)

► 2008 estimates from the 2000 U.S. Census reported total population as **11,518**.² The graph on the right indicates the percentage by age group.

**SPOTLIGHT ON...**

MAKING BENEFICIAL LIFESTYLE CHOICES

To address alarming obesity statistics, Green County Extension Family and Consumer Sciences Agent partnered with the Health Department Health Educator and the local gym to offer the Biggest Loser Challenge. Participants received support, education, and accountability, with a weekly weigh-in for 10 weeks and opportunities to receive a "pound advantage." Of 308 people and 62 teams, 232 people and 52 teams completed the program, losing a total of 4055.3 pounds! Eighty percent monitor weight on a regular basis; 75% are getting more physical activity; and 646 people use the FCS Facebook page. The program has continued each month, with the next final weigh scheduled for the 2010 Second Sunday event.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Green County was **12.6%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Green County, **2.3%** of mortgages are 90-days delinquent and **0.8%** of bank cards are 60-days delinquent.⁷

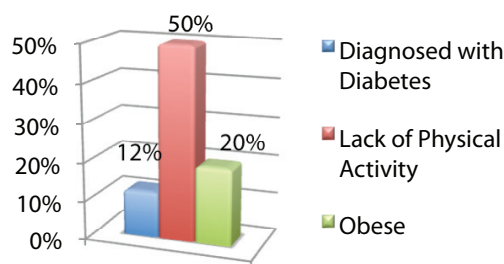
Access to health insurance is another important factor contributing to family well-being. In Green County, **17%** of the people under age 65 are uninsured.⁸

As a result of participation in Green County Extension programs:¹

- **353** people increased their knowledge of governmental process.
- **253** people were prepared to enter the work force.
- **286** people expanded their knowledge of economic development.
- Green County Extension is involved in **12** community coalitions.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Green County. **Figure 2. Health Risks.**⁸



As a result of participation in Green County Extension programs:¹

- **350** people increased knowledge of practices to maintain health and well-being.
- **69** people developed skills to access affordable food.
- **639** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Green County families can be described as follows:²

- **3,379** families reside in the county.
- **525** families (**15.2%**) live below poverty level.
- Median family income is **\$31,852**.
- **129** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **868** people in Green County receive supplemental nutrition assistance. The average family benefit is **\$226.89** per month.³

In the county, **9** children live in out-of-home care. There were **30**

child victims of substantiated abuse.⁴ There were **38** incidents of adult abuse.⁵

As a result of participation in Green County Extension programs:¹

- **199** adults and youth improved their ability to make informed and effective decisions.
- **281** people adopted money management practices to reduce debt and/or increase savings.
- **462** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

² U.S. Bureau of the Census, Census 2000. 2008 Estimates.

³ Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

⁵ Kentucky Administrative Office of the Courts, September, 2010

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

⁷ TransUnion LLC., Trend Data, Quarter 1 2010.

⁸ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.