GRAYSON COUNTY

Joan Martin, County Extension Agent, Family & Consumer Sciences



BUILDING STRONG FAMILIES FOR KENTUCKY 2011



OUR FOCUS

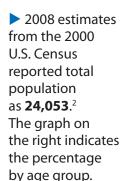
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Grayson County resulting in strong families for Kentucky. Educational programs focus on:

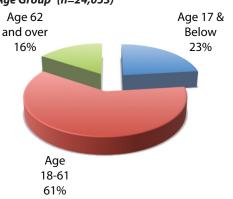
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **7,443** contacts with Grayson County families during 2009-2010.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=24,053)





SPOTLIGHT ON...

NURTURING FAMILIES

hild abuse remains high, with multiple cases of physical abuse and neglect. The Family and Consumer Sciences Agent offered a 32-hour, 16-week program to parents who had been ordered by the Court to take parenting classes. Eight parents completed the program; all showed progress. The Nurturing Skills Competency Scale showed an average gain of four points, with the highest gain seven and the lowest three. A 60-point self-assessment re-

vealed all parents gained nurturing skills. Two gained 11 points, with an average of five. The Family Court judge decided that parents must now complete a minimum 12-hour parenting program to fulfill court requirements. A three-month evaluation will be reviewed in the next fiscal year.1





OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Grayson County was **13.4%**.6

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Grayson County, **2.5%** of mortgages are

As a result of participation in Grayson County Extension programs:¹

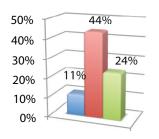
- 270 people were involved in addressing issues of their community.
- 22 people were prepared to enter the work force.
- 19 people expanded their knowledge of economic development.

90-days delinquent and **1.3%** of bank cards are 60-days delinquent.⁷ In a one-year period (August 2009 through August 2010), **92** foreclosures were filed.⁵

Access to health insurance is another important factor contributing to family well-being. In Grayson County, **15%** of the people under age 65 are uninsured.8

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Grayson County. *Figure 2. Health Risks.**



- Diagnosed with Diabetes
- Lack of Physical Activity
- ■Obese

As a result of participation in Grayson County Extension programs:¹

- **565** people increased knowledge of practices to maintain health and well-being.
- **122** people increased knowledge of safe practices to store, handle, and prepare food.
- 110 people developed skills to access affordable food.

OUR FAMILIES

- ▶ Using data from the 2000 U.S. Census, Grayson County families can be described as follows:²
- 6,966 families reside in the county.
- 970 families (13.9%) live below poverty level.
- Median family income is \$33,080.
- **261** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **2,263** people in Grayson County receive supplemental nutrition assistance. The average family benefit is **\$233.00** per month.³

In the county, 248 children live in out-of-home care. There were 67

child victims of substantiated abuse.⁴ There were **92** incidents of adult abuse.⁵

As a result of participation in Grayson County Extension programs:¹

- 99 adults and youth improved their ability to make informed and effective decisions.
- 42 people adopted money management practices to reduce debt and/or increase savings.
- **412** adults and youth improved practical living skills.

SOURCES

- ¹ Kentucky Cooperative Extension Service, Impact Reporting, FY2010.
- $^{\rm 2}$ U.S. Bureau of the Census, Census 2000. 2008 Estimates.
- ³ Kentucky Cabinet for Health and Family Services, Data Book, December 2008.
- ⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.
- ⁵ Kentucky Administrative Office of the Courts, September, 2010
- ⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.
- ⁷ TransUnion LLC., Trend Data, Quarter 1 2010.
- ⁸ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.