

GRANT COUNTY

Patricia Poor, County Extension Agent, Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY 2011



OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Grant County resulting in strong families for Kentucky. Educational programs focus on:

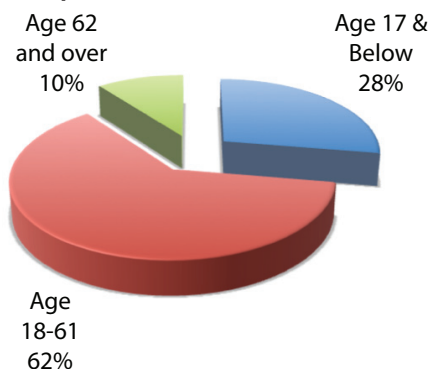
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **3,543** contacts with Grant County families during 2009-2010.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=22,384)

► 2008 estimates from the 2000 U.S. Census reported total population as **22,384**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

MAKING BENEFICIAL LIFESTYLE CHOICES

The 2010 County Health Rankings show that 325 of the Grant County adult population are obese. Studies also show that one in every three children is overweight or obese. Cooperative Extension Service conducted several efforts in Grant County, including the fourth year of the Biggest Winner Challenge. Initiated by Fitness For Life Around Grant County, with co-chairs Cooperative Extension Agents for 4-H/Youth Development and Family and Consumer Sciences, Biggest Winner registered 357 participants. Reported weight loss for those completing the program was 188 pounds; total fat loss was 43.3%. Even though this is the fourth year, over 50% joined for the first time. Surveys show that participants plan to continue exercising by walking or joining a gym.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Grant County was **10.6%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Grant County, **3.4%** of mortgages are 90-days delinquent and **1.8%** of bank cards are 60-days delinquent.⁷ In a one-year period (August 2009 through August 2010), **210** foreclosures were filed.⁵

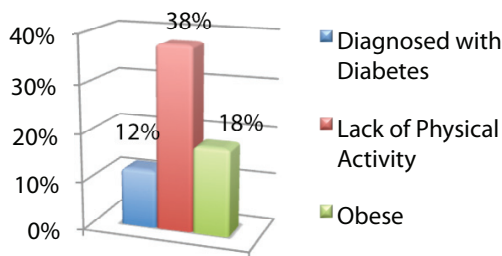
Access to health insurance is another important factor contributing to family well-being. In Grant County, **13%** of the people under age 65 are uninsured.⁸

As a result of participation in Grant County Extension programs:¹

- **70** people were involved in addressing issues of their community.
- **36** people increased their knowledge of governmental process.
- **200** people expanded their knowledge of economic development.
- Grant County Extension is involved in **17** community coalitions.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Grant County. **Figure 2. Health Risks.**⁸



As a result of participation in Grant County Extension programs:¹

- **1,130** people increased knowledge of practices to maintain health and well-being.
- **324** people used safe practices to store, handle, and prepare food.
- **474** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Grant County families can be described as follows:²

- **6,219** families reside in the county.
- **563** families (**9%**) live below poverty level.
- Median family income is **\$42,605**.
- **267** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,790** people in Grant County receive supplemental nutrition assistance. The average family benefit is **\$303.38** per month.³

In the county, **57** children live in out-of-home care. There were **63**

child victims of substantiated abuse.⁴ There were **56** incidents of adult abuse.⁵

As a result of participation in Grant County Extension programs:¹

- **423** adults and youth improved their ability to make informed and effective decisions.
- **28** people adopted money management practices to reduce debt and/or increase savings.
- **422** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

² U.S. Bureau of the Census, Census 2000. 2008 Estimates.

³ Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

⁵ Kentucky Administrative Office of the Courts, September, 2010

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

⁷ TransUnion LLC., Trend Data, Quarter 1 2010.

⁸ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.