### **FLEMING COUNTY**

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### **OUR FOCUS**

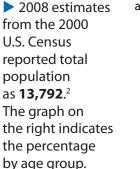
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Fleming County resulting in strong families for Kentucky. Educational programs focus on:

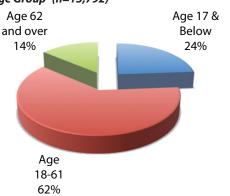
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **23,346** contacts with Fleming County families during 2009-2010.<sup>1</sup>

### **OUR PEOPLE**

Figure 1. Population by Age Group<sup>2</sup> (n=13,792)



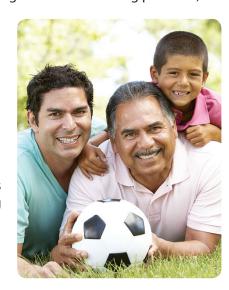


### **SPOTLIGHT ON...**

## PROMOTING HEALTHY HOMES AND COMMUNITIES

mericans spend thousands each year on cleaning products, many of which can be made at home with common household products such as vinegar, baking soda, bleach, alcohol, and ammonia. A lesson, "Home Cleaning Products: Safe and Green", was presented to 212 Extension Homemakers. During the Extension Service Spring into Green program, one young homemakers club set up a display and distributed green cleaning products recipes. As a result, 50% reported gaining knowledge about green home cleaning products,

including costeffectiveness and reduction of exposure to chemicals. Fifty percent tried and preferred one or more home green cleaning products. Participants estimated saving at least 50% or more by making their own cleaning products.1





#### **OUR COMMUNITY**

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Fleming County was **11.4%**.6

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Fleming County, **1.4%** of mortgages are

### As a result of participation in Fleming County Extension programs:<sup>1</sup>

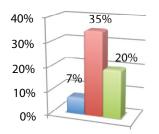
- 30 people were involved in addressing issues of their community.
- 4 people were prepared to enter the work force.
- Fleming County Extension is involved in 12 community coalitions.

90-days delinquent and **1.8%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **54** foreclosures were filed.<sup>5</sup>

Access to health insurance is another important factor contributing to family well-being. In Fleming County, **16%** of the people under age 65 are uninsured.8

### **OUR HEALTH**

➤ The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Fleming County. *Figure 2. Health Risks.*\*



- Diagnosed with Diabetes
- Lack of Physical Activity
- Obese

### As a result of participation in Fleming County Extension programs:<sup>1</sup>

- **855** people implemented new practices to maintain health and well-being.
- **825** people increased knowledge of safe practices to store, handle, and prepare food.
- 325 people made lifestyle changes to improve health.

#### **OUR FAMILIES**

- ▶ Using data from the 2000 U.S. Census, Fleming County families can be described as follows:²
- 3,965 families reside in the county.
- 587 families (14.8%) live below poverty level.
- Median family income is \$33,300.
- **48** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,212** people in Fleming County receive supplemental nutrition assistance. The average family benefit is **\$238.08** per month.<sup>3</sup>

In the county, **59** children live in out-of-home care. There were **78** 

child victims of substantiated abuse.<sup>4</sup> There were **30** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Fleming County Extension programs:<sup>1</sup>

- **505** adults and youth improved their ability to make informed and effective decisions.
- 25 adult or child care providers increased their knowledge and skills related to age appropriate care.
- **245** adults and youth improved practical living skills.

#### **SOURCES**

- <sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.
- $^{\rm 2}$  U.S. Bureau of the Census, Census 2000. 2008 Estimates.
- <sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.
- <sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.
- <sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010
- <sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.
- <sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.
- <sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.