

# **FAYETTE COUNTY**

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# **BUILDING STRONG FAMILIES** FOR KENTUCKY 2011



# OUR FOCUS

Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Fayette County resulting in strong families for Kentucky. Educational programs focus on:

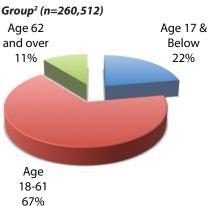
#### Making Beneficial Lifestyle Choices Nurturing Families Embracing Life as You Age Securing Financial Stability Promoting Healthy Homes and Communities Accessing Nutritious Food Empowering Community Leaders

Family and Consumer Sciences Extension made **62,229** contacts with Fayette County families during 2009-2010.<sup>1</sup>

# OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=260,512)

2008 estimates from the 2000 U.S. Census reported total population as 260,512.<sup>2</sup> The graph on the right indicates the percentage by age group.

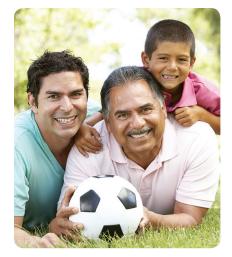


## SPOTLIGHT ON...

# MAKING BENEFICIAL LIFESTYLE CHOICES

ccording to the United Health Foundation, America's Health Rankings 2008, since 1990, the prevalence of obesity increased from 12.2 percent to 28.7 percent of the population. To address this issue Fayette County Family and Consumer Sciences Extension agent with local partners coordinated Second Sunday events to explore physical activity and community programs that positively affect health. Over 5,000 participants participated in physical activities on a one mile street closure for four hours in downtown Lexington in October. The 2nd Sunday coalition has secured

funding and broke ground for 2 walking/ bike trails, sponsored monthly 2nd Sunday bike rides; and partnered with Blue Grass Airport to provide a venue for 15,000 to be physically active on a newly constructed 4000 ft. runway.<sup>1</sup>





#### OUR COMMUNITY

Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Fayette County was 7.8%.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Fayette County, **2.7%** of mortgages are 90-days delinquent and **1.1%** of bank cards

#### As a result of participation in Fayette County Extension programs:<sup>1</sup>

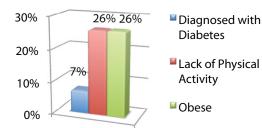
- **1,222** people were involved in addressing issues of their community.
- **4,371** people were prepared to enter the work force.
- **630** people expanded their knowledge of economic development.
- Fayette County Extension is involved in **113** community coalitions.

are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **1,214** foreclosures were filed.<sup>5</sup>

Access to health insurance is another important factor contributing to family well-being. In Fayette County, **13%** of the people under age 65 are uninsured.<sup>8</sup>

## **OUR HEALTH**

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Fayette County. *Figure 2. Health Risks.*<sup>\*</sup>



#### As a result of participation in Fayette County Extension programs:<sup>1</sup>

- **65,121** people increased knowledge of practices to maintain health and well-being.
- **3,531** people increased knowledge of safe practices to store, handle, and prepare food.
- **2,174** people developed skills to access affordable food.

## OUR FAMILIES

- ▶ Using data from the 2000 U.S. Census, Fayette County families can be described as follows:<sup>2</sup>
- 62,955 families reside in the county.
- 5,218 families (8.2%) live below poverty level.
- Median family income is **\$53,264**.
- **1,946** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **12,593** people in Fayette County receive supplemental nutrition assistance. The average family benefit is **\$246.53** per month.<sup>3</sup>

In the county, **972** children live in out-of-home care. There were **731** 

child victims of substantiated abuse.<sup>4</sup> There were **956** incidents of adult abuse.<sup>5</sup>

#### As a result of participation in Fayette County Extension programs:<sup>1</sup>

- **3,121** people adopted money management practices to reduce debt and/or increase savings.
- **1,447** adult or child care providers increased their knowledge and skills related to age appropriate care.
- **79,974** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

#### SOURCES

- <sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.
- <sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.
- <sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.
- <sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.
- <sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010
- <sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.
  <sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.
- <sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.