### **EDMONSON COUNTY**

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

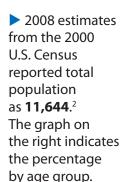
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Edmonson County resulting in strong families for Kentucky. Educational programs focus on:

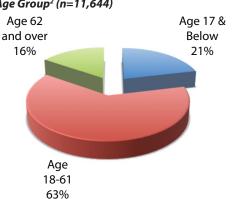
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **5,447** contacts with Edmonson County families during 2009-2010.<sup>1</sup>

### **OUR PEOPLE**

Figure 1. Population by Age Group<sup>2</sup> (n=11,644)





### **SPOTLIGHT ON...**

## PROMOTING HEALTHY HOMES AND COMMUNITIES

he current trend of going green influenced the Mammoth Cave Area Homemakers to request a lesson on how to make homemade green cleaning products. The lesson covered how to make effective household cleaning products with common items that are already in the home. Nontoxic, easy-to-use recipes were demonstrated and given to the audience. Emphasis was placed on buying products made of recycled products with little or no packag-

ing. Greening Your Home Cleaning Products was taught directly to 74 homemakers, with a total of 378 homemakers receiving the lesson. 98% stated they learned how to safely mix ingredients; 100% said they would practice at least one of the safety measures learned.1





#### **OUR COMMUNITY**

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Edmonson County was **10.8%**.6

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In

### As a result of participation in Edmonson County Extension programs:<sup>1</sup>

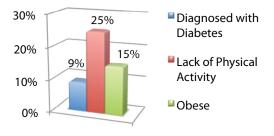
 Edmonson County hosted an annual harvest fest and Second Sunday event with local farmer's market vendors to promote community well-being.

Edmonson County, **3.1%** of mortgages are 90-days delinquent and **1.6%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **26** foreclosures were filed.<sup>5</sup>

Access to health insurance is another important factor contributing to family well-being. In Edmonson County, **14%** of the people under age 65 are uninsured.<sup>8</sup>

### **OUR HEALTH**

➤ The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Edmonson County. *Figure 2. Health Risks.*\*



### As a result of participation in Edmonson County Extension programs:<sup>1</sup>

- 49% of families use improved food safety methods.
- 51% of families had improvement in physical activity (30-60 minutes/day).

#### **OUR FAMILIES**

- ▶ Using data from the 2000 U.S. Census, Edmonson County families can be described as follows:²
- 3,461 families reside in the county.
- 497 families (14.2%) live below poverty level.
- Median family income is \$31,843.
- **87** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **946** people in Edmonson County receive supplemental nutrition assistance. The average family benefit is **\$212.50** per month.<sup>3</sup>

In the county, **41** children live in out-of-home care. There were **41** 

child victims of substantiated abuse.<sup>4</sup> There were **29** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Edmonson County Extension programs:<sup>1</sup>

- 51% of families now plan meals and use grocery lists.
- 94% of families had a positive change in nutrition.

#### **SOURCES**

- <sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.
- $^{\rm 2}$  U.S. Bureau of the Census, Census 2000. 2008 Estimates.
- <sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.
- <sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.
- <sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010
- <sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.
- $^{7}\,\text{TransUnion}$  LLC., Trend Data, Quarter 1 2010.
- <sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.