

## CLAY COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY 2011



### OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Clay County resulting in strong families for Kentucky. Educational programs focus on:

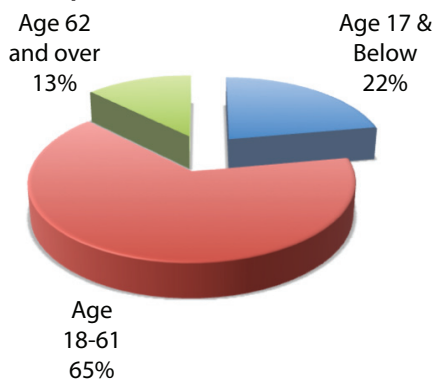
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **9,285** contacts with Clay County families during 2009-2010.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=23,930)

► 2008 estimates from the 2000 U.S. Census reported total population as **23,930**.<sup>2</sup> The graph on the right indicates the percentage by age group.



### SPOTLIGHT ON...

## PROMOTING HEALTHY HOMES AND COMMUNITIES

In Kentucky, women's health ranks low compared to other states. Clay County Family & Consumer Science Cooperative Extension along with co-sponsors Memorial Hospital, Eastern Kentucky University and Clay County Public Library offered 35 women and pregnant teens an opportunity to increase self-confidence and learn about nutrition and money management at a program called "New Year, New You." The program offered free haircuts, makeovers, jewelry-making, decorating from nature's treasures, women's health, budgeting, and an inspirational luncheon speech from Anne Shelby. In addition to sponsorship, four presenters volunteered time and a restaurant provided lunch. Fifty percent enjoyed having their hair and makeup done; "I loved the treat, it made me look and feel wonderful!"<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Clay County was **13.3%**.<sup>6</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Clay County, **4.2%** of mortgages are 90-days delinquent and **2.5%** of bank cards are 60-days delinquent.<sup>7</sup> In a one-year period (August 2009 through August 2010), **47** foreclosures were filed.<sup>5</sup>

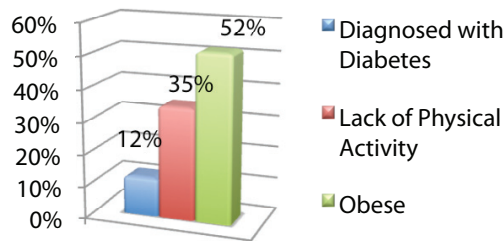
Access to health insurance is another important factor contributing to family well-being. In Clay County, **22%** of the people under age 65 are uninsured.<sup>8</sup>

### As a result of participation in Clay County Extension programs:<sup>1</sup>

- **21** people were involved in addressing issues of their community.
- **6** people were prepared to enter the work force.
- **17** people expanded their knowledge of economic development
- Clay County Extension is involved in **6** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Clay County. **Figure 2. Health Risks.**<sup>8</sup>



### As a result of participation in Clay County Extension programs:<sup>1</sup>

- **5,161** people increased knowledge of practices to maintain health and well-being.
- **4,050** people increased knowledge of safe practices to store, handle, and prepare food.
- **300** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Clay County families can be described as follows:<sup>2</sup>

- **6,440** families reside in the county.
- **2,280** families (**35.4%**) live below poverty level.
- Median family income is **\$18,925**.
- **338** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **4,153** people in Clay County receive supplemental nutrition assistance. The average family benefit is **\$220.02** per month.<sup>3</sup>

In the county, **200** children live in out-of-home care. There were **95**

child victims of substantiated abuse.<sup>4</sup> There were **84** incidents of adult abuse.<sup>5</sup>

### As a result of participation in Clay County Extension programs:<sup>1</sup>

- **254** adults and youth improved practical living skills.
- **51** people adopted money management practices to reduce debt and/or increase savings.
- **35** people increased their knowledge and skills related to parenting and personal relationships.

## SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

<sup>2</sup> U.S. Bureau of the Census, Census 2000. 2008 Estimates.

<sup>3</sup> Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

<sup>4</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, September, 2010

<sup>6</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

<sup>7</sup> TransUnion LLC., Trend Data, Quarter 1 2010.

<sup>8</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.