

ANDERSON COUNTY

Sarah Talbott, County Extension Agent, Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY 2011



OUR FOCUS

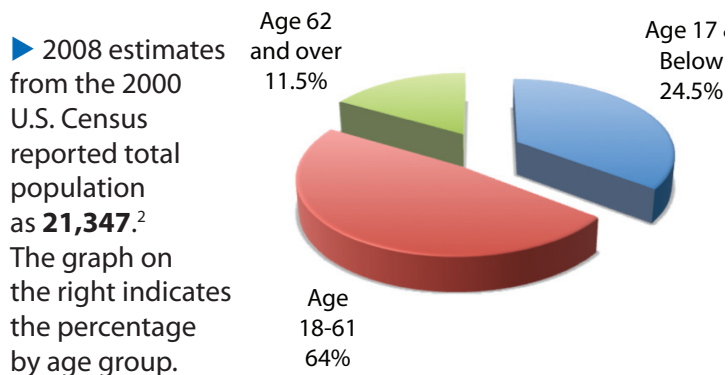
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Anderson County resulting in strong families for Kentucky. Educational programs focus on:

Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **11,163** contacts with Anderson County families during 2009-2010.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=21,347)



SPOTLIGHT ON...

MAKING BENEFICIAL LIFESTYLE CHOICES

Obesity and inactivity rates are at all-time highs in the U.S., and the obesity rate in Kentucky is one of the highest in the nation (CDC). To address these issues in our community, the Anderson County Cooperative Extension Service with local sponsors implemented Second Sunday. This program emphasizes physical activity by closing a neighborhood street to traffic and opening the street to local residents. The event takes place the second Sunday in October across the Commonwealth. Anderson County residents celebrated by walking, riding bikes, and other activities on Main Street. One hundred and five participants enjoyed the physical activity break with no traffic during the event.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Anderson County was **10.6%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Anderson County, **3.5%** of mortgages are 90-days delinquent and **1.6%** of bank cards are 60-days delinquent.⁷ In a one-year period (August 2009 through August 2010), **157** foreclosures were filed.⁵

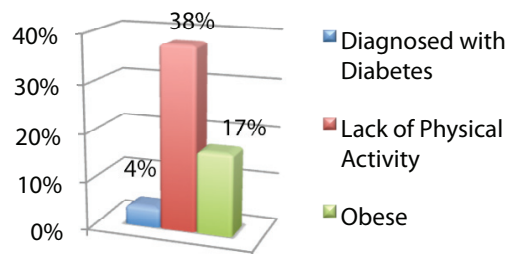
Access to health insurance is another important factor contributing to family well-being. In Anderson County, **9%** of the people under age 65 are uninsured.⁸

As a result of participation in Anderson County Extension programs:¹

- **31** people were involved in addressing issues of their community.
- **6** people increased their knowledge of governmental process.
- **8** people expanded their knowledge of economic development.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Anderson County. **Figure 2. Health Risks.**⁸



As a result of participation in Anderson County Extension programs:¹

- **578** people increased knowledge of practices to maintain health and well-being.
- **44** people increased knowledge of safe practices to store, handle, and prepare food.
- **36** people developed skills to access affordable food.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Anderson County families can be described as follows:²

- **5,526** families reside in the county.
- **267** families (**4.8%**) live below poverty level.
- Median family income is **\$50,837**.
- **77** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **881** people in Anderson County receive supplemental nutrition assistance. The average family benefit is **\$283.54** per month.³

In the county, **69** children live in out-of-home care. There were **120**

child victims of substantiated abuse.⁴ There were **40** incidents of adult abuse.⁵

As a result of participation in Anderson County Extension programs:¹

- **935** adults and youth improved their ability to make informed and effective decisions.
- **65** people adopted money management practices to reduce debt and/or increase savings.
- **535** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

² U.S. Bureau of the Census, Census 2000. 2008 Estimates.

³ Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

⁵ Kentucky Administrative Office of the Courts, September, 2010

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

⁷ TransUnion LLC., Trend Data, Quarter 1 2010.

⁸ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.