

ADAIR COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY 2011



OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Adair County resulting in strong families for Kentucky. Educational programs focus on:

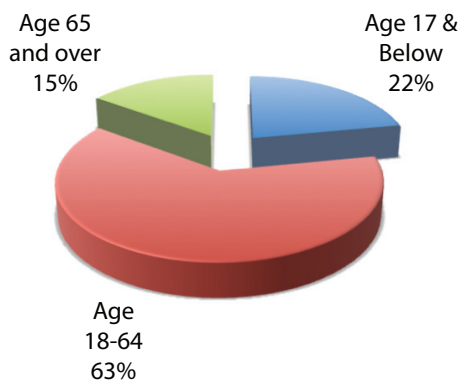
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **9,654** contacts with Adair County families during 2009-2010.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=17,773)

► 2008 estimates from the 2000 U.S. Census reported total population as **17,773**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

ACCESSING NUTRITIOUS FOOD

Tightened budgets have resulted in increased gardening, canning, freezing, and other methods of long-term storage. Family and Consumer Sciences Agents conducted a workshop to teach the value and safety of food preservation. Freezing, drying, water-bath and pressure-canning techniques were taught in two half-day sessions. Eighty percent of participants stated that they were confident that they could repeat the skills learned in the workshops. After the sessions last season, 15 of the 23 participants returned evaluation forms reporting safely canning 415 quarts of produce and freezing 165 quarts. By popular demand two more sessions were taught in the summer of 2010, reaching twenty novice or first time food preservationists.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In July 2010, the rate of unemployment in Adair County was **10.2%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Adair County, **2.9%** of mortgages are 90-days delinquent and **1.0%** of bank cards are 60-days delinquent.⁷ In a one-year period (August 2009 through August 2010), **21** foreclosures were filed.⁵

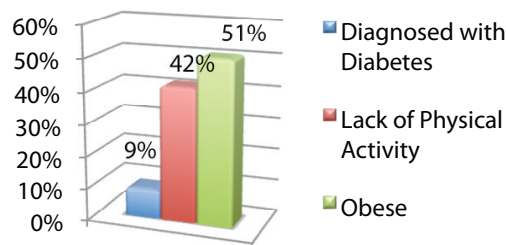
Access to health insurance is another important factor contributing to family well-being. In Adair County, **21%** of the people under age 65 are uninsured.⁸

As a result of participation in Adair County Extension programs:¹

- **424** people increased their knowledge of governmental process.
- **5** people were prepared to enter the work force.
- **300** people expanded their knowledge of economic development.
- Adair County Extension is involved in **30** community coalitions.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Adair County. **Figure 2. Health Risks.**⁸



As a result of participation in Adair County Extension programs:¹

- **300** people used safe practices to store, handle, and prepare food.
- **800** people made lifestyle changes to improve health
- **650** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Adair County families can be described as follows:²

- **4,801** families reside in the county.
- **870** families (**18.2%**) live below poverty level.
- Median family income is **\$29,779**.
- **180** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,332** people in Adair County receive supplemental nutrition assistance. The average family benefit is **\$219.62** per month.³

In the county, **31** children live in out-of-home care. There were **54**

child victims of substantiated abuse.⁴ There were **34** incidents of adult abuse.⁵

As a result of participation in Adair County Extension programs:¹

- **500** people adopted money management practices to reduce debt and/or increase savings.
- **240** people increased their knowledge and skills related to parenting and personal relationships.
- **1,205** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impact Reporting, FY2010.

² U.S. Bureau of the Census, Census 2000. 2008 Estimates.

³ Kentucky Cabinet for Health and Family Services, Data Book, December 2008.

⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2009.

⁵ Kentucky Administrative Office of the Courts, September, 2010

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, July 2010.

⁷ TransUnion LLC., Trend Data, Quarter 1 2010.

⁸ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.