

#### **PIKE COUNTY** Christy Honaker and Eugenia Wilson, County Extension Agents, *Equily & Consumer Sciences*



Extension Agents, *Family & Consumer Sciences* 

# BUILDING STRONG FAMILIES FOR KENTUCKY

# OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Pike County resulting in strong families for Kentucky. Educational programs focus on:

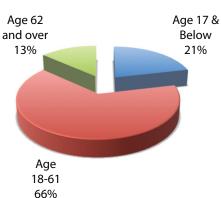
Making Beneficial Lifestyle Choices Nurturing Families Embracing Life as You Age Securing Financial Stability Promoting Healthy Homes and Communities Accessing Nutritious Food Empowering Community Leaders

Family and Consumer Sciences Extension made **23,995** contacts with Pike County families during 2008-2009.<sup>1</sup>

# OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=68,736)

2008 estimates from the 2000 a U.S. Census reported total population as **68,736**.<sup>2</sup> The graph on the right indicates the percentage by age group.



# SPOTLIGHT ON...

# NURTURING FAMILIES

he Pike County Family and Consumer Sciences Extension Council identified the need for increased educational efforts to grandparents raising grandchildren. A support group was formed, and participating grandparents reported being more equipped with knowledge to meet the responsibilities to parenting for a second time. One grandparent shared that she was struggling with depression prior to her involvement in the support group and was spending all of her time at home. This grandmother has attended several events with the group and has reported finding positive ways to cope with stress. As a result, the grandchild will likely benefit from wellbeing of the grandparent.<sup>1</sup>





### OUR COMMUNITY

Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Pike County was 11.4%.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Pike County,

#### As a result of participation in Pike County Extension programs:<sup>1</sup>

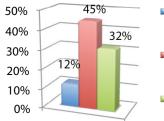
- 2,471 people were involved in addressing issues of their community.
- **117** people increased their knowledge of governmental process.
- **794** people expanded their knowledge of economic development.

1.22% of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by 1.77%.<sup>4</sup>
In a one-year period (October 2008 through October 2009),
40 foreclosures were filed.<sup>5</sup>

Access to health insurance is another important factor contributing to family well-being. In Pike County, **15%** of the people under age 65 are uninsured.<sup>6</sup>

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Pike County. *Figure 2. Health Risks.*<sup>6</sup>



- Diagnosed with Diabetes
- Lack of Physical Activity

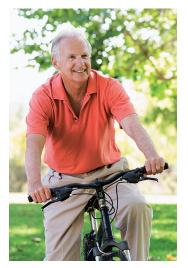
Obese

#### As a result of participation in Pike County Extension programs:<sup>1</sup>

- **6,190** people increased knowledge of practices to maintain health and well-being.
- **3,910** people increase knowledge of safe practices to store, handle, and prepare food.
- **513** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

# OUR FAMILIES

- ► Using data from the 2000 U.S. Census, Pike County families can be described as follows:<sup>2</sup>
- 20,364 families reside in the county.
- 4,217 families (20.6%) live below poverty level.
- Median family income is **\$29,302**.
- **831** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **6,926** people in Pike County receive food stamps. The average family food stamp benefit is **\$196.25** per month.<sup>7</sup>

In the county, **103** children live in out-of-home care.<sup>8</sup>

In 2005, there were **218** incidents of adult abuse and **260** incidents of child abuse.<sup>9</sup>

#### As a result of participation in Pike County Extension programs:<sup>1</sup>

- **1,710** adults and youth improved their ability to make informed and effective decisions.
- **250** people increased their knowledge and skills related to parenting and personal relationships.
- **1,919** adult or child care providers increased their knowledge and skills related to age appropriate care.

#### **SOURCES**

- <sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.
- <sup>2</sup> U.S. Bureau of the Census, Census 2000.
   <sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.
- <sup>4</sup>TransUnion LLC., Trend Data, Quarter 1 2009.
- <sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.
- <sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.
- <sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.
- <sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.
  <sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.