



METCALFE COUNTY

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Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY

OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Metcalfe County resulting in strong families for Kentucky. Educational programs focus on:

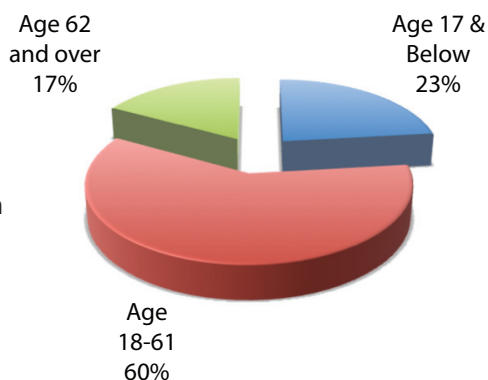
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **18,060** contacts with Metcalfe County families during 2008-2009.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=10,037)

► 2008 estimates from the 2000 U.S. Census reported total population as **10,037**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

ACCESSING NUTRITIOUS FOOD

Metcalfe County Extension added a Food Stamp Nutrition Education Program assistant to help better address the nutrition education needs of low-income senior citizens and help our Nutrition Education Program expand outreach to other underserved, low-income residents in the county. Through this effort, we have been able to bring the "Learning, Eating and Activity for Primary" program to 110 Head Start, preschool and elementary school children. We also sponsored gardening/food preservation programs for 105 adults and 125 youth. Low-income residents received \$1,575 in garden vouchers through Community Action of Southern Kentucky, to which Extension contributed gardening and food preservation education. Our veteran assistant won a national award for innovative nutrition programming and traveled with the Family and Consumer Sciences agent to Washington, D.C., to participate in an awards ceremony.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Metcalfe County was **15.8%**.³

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Metcalfe County, **1.57%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.72%**.⁴

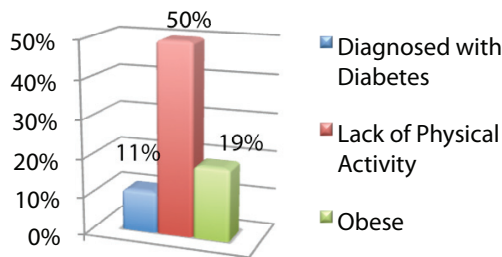
Access to health insurance is another important factor contributing to family well-being. In Metcalfe County, **19%** of the people under age 65 are uninsured.⁵

As a result of participation in Metcalfe County Extension programs:¹

- **94** people were involved in addressing issues of their community.
- **26** people increased their knowledge of governmental process.
- **140** people expanded their knowledge of economic development.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Metcalfe County. **Figure 2. Health Risks.**⁵



As a result of participation in Metcalfe County Extension programs:¹

- **300** people increased knowledge of practices to maintain health and well-being.
- **56** people increase knowledge of safe practices to store, handle, and prepare food.
- **60** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Metcalfe County families can be described as follows:²

- **2,883** families reside in the county.
- **549** families (**18.8%**) live below poverty level.
- Median family income is **\$29,178**.
- **96** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **777** people in Metcalfe County receive food stamps. The average family food stamp benefit is **\$199.33** per month.⁶

In the county, **66** children live in out-of-home care.⁷

In 2005, there were **37** incidents of adult abuse and **56** incidents of child abuse.⁸

As a result of participation in Metcalfe County Extension programs:¹

- **1,400** adults and youth improved their ability to make informed and effective decisions.
- **100** people adopted money management practices to reduce debt and/or increase savings.
- **120** adult or child care providers increased their knowledge and skills related to age appropriate care.

SOURCES

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

² U.S. Bureau of the Census, Census 2000.

³ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

⁴ TransUnion LLC., Trend Data, Quarter 1 2009.

⁵ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

⁶ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

⁷ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

⁸ Kentucky Department for Public Health, County Health Priorities, 2004.