



## MENIFEE COUNTY

*Family & Consumer Sciences Extension*

# BUILDING STRONG FAMILIES FOR KENTUCKY

## OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Menifee County resulting in strong families for Kentucky. Educational programs focus on:

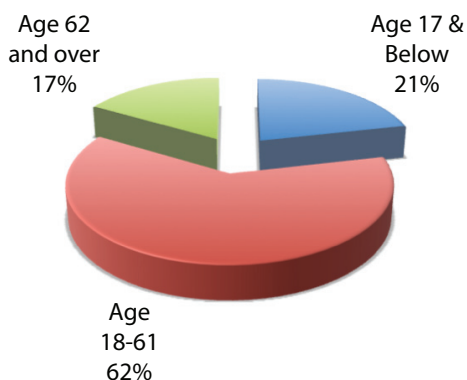
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **6,673** contacts with Menifee County families during 2008-2009.<sup>1</sup>

## OUR PEOPLE

**Figure 1. Population by Age Group<sup>2</sup> (n=6,556)**

► 2008 estimates from the 2000 U.S. Census reported total population as **6,556**.<sup>2</sup> The graph on the right indicates the percentage by age group.



## SPOTLIGHT ON...

## MAKING BENEFICIAL LIFESTYLE CHOICES

**T**he health of citizens of the Commonwealth of Kentucky and Menifee County in particular was a high priority for Family and Consumer Sciences Extension. One example of this effort was to offer a program called “Weight, the Reality Series” in order to address health concerns associated with being overweight and/or obese. Ten people participated in the program. Nearly one-third of the participants succeeded in losing at least 5% of their initial weight during the program. The average weight loss per participant was 12 pounds, and the average waist reduction was 2 inches.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Menifee County was **15.3%**.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Menifee County, **7.92%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **2.49%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **14** foreclosures were filed.<sup>5</sup>

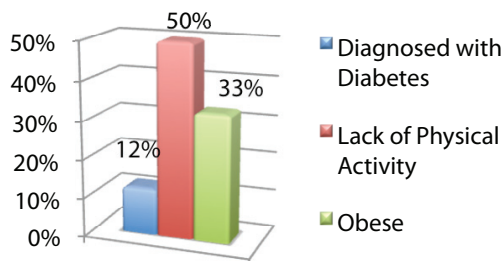
Access to health insurance is another important factor contributing to family well-being. In Menifee County, **19%** of the people under age 65 are uninsured.<sup>6</sup>

### As a result of participation in Menifee County Extension programs:<sup>1</sup>

- **47** people were involved in addressing issues of their community.
- **376** people increased their knowledge of governmental process.
- **71** people were prepared to enter the work force.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Menifee County. **Figure 2. Health Risks.**<sup>6</sup>



### As a result of participation in Menifee County Extension programs:<sup>1</sup>

- **327** people increased knowledge of practices to maintain health and well-being.
- **105** people increase knowledge of safe practices to store, handle, and prepare food.
- **92** people developed skills to access affordable food.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Menifee County families can be described as follows:<sup>2</sup>

- **1,900** families reside in the county.
- **441** families (**23.4%**) live below poverty level.
- Median family income is **\$26,325**.
- **74** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **817** people in Menifee County receive food stamps. The average family food stamp benefit is **\$220.24** per month.<sup>7</sup>

In the county, **16** children live in out-of-home care.<sup>8</sup>

In 2005, there were **12** incidents of adult abuse and **29** incidents of child abuse.<sup>9</sup>

### As a result of participation in Menifee County Extension programs:<sup>1</sup>

- **252** adults and youth improved their ability to make informed and effective decisions.
- **29** people adopted money management practices to reduce debt and/or increase savings.
- **44** people increased their knowledge and skills related to parenting and personal relationships.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

<sup>2</sup> U.S. Bureau of the Census, Census 2000.

<sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

<sup>4</sup> TransUnion LLC., Trend Data, Quarter 1 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.

<sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

<sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

<sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

<sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.