



## LIVINGSTON COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY

## OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Livingston County resulting in strong families for Kentucky. Educational programs focus on:

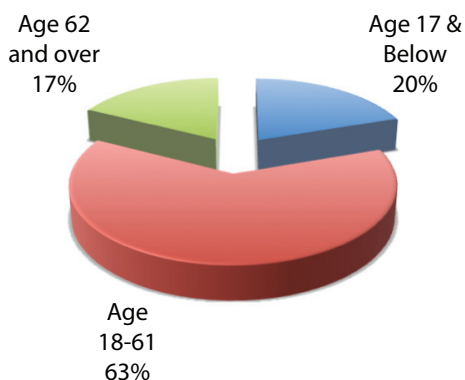
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **20,523** contacts with Livingston County families during 2008-2009.<sup>1</sup>

## OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=9,804)

► 2008 estimates from the 2000 U.S. Census reported total population as **9,804**.<sup>2</sup> The graph on the right indicates the percentage by age group.



## SPOTLIGHT ON...

## NURTURING FAMILIES

The Livingston County Nutrition Education and Family and Consumer Sciences programs partnered with Livingston County Adult Education to conduct “Friday Night Family Fun” literacy programs. The family-based programs model reading to children, teach simple nutritious snacks while introducing families to new foods, provide an opportunity for parents and children to work together on a craft, and give each child or family a book to take home. Three of the programs – “Snap-Apple Night,” “Happy Harvest” and “Valentine Adventures” – had approximately 150 participants. Many parents have reported reading more to their children as a result of the books received from the program. They also report that children responded positively to the nutritious foods that were introduced and have made an attempt to carry this enthusiasm into the home.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Livingston County was **10%**.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Livingston County, **2.42%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **3.44%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **31** foreclosures were filed.<sup>5</sup>

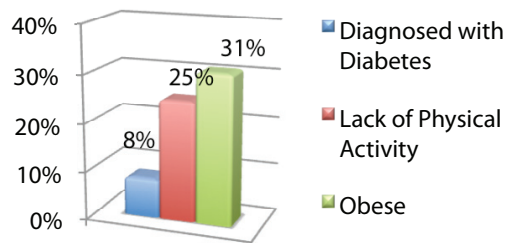
Access to health insurance is another important factor contributing to family well-being. In Livingston County, **13%** of the people under age 65 are uninsured.<sup>6</sup>

### As a result of participation in Livingston County Extension programs:<sup>1</sup>

- **60** people were involved in addressing issues of their community.
- **19** people increased their knowledge of governmental process.
- **52** people expanded their knowledge of economic development.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Livingston County. **Figure 2. Health Risks.**<sup>6</sup>



### As a result of participation in Livingston County Extension programs:<sup>1</sup>

- **403** people increased knowledge of practices to maintain health and well-being.
- **200** people implemented practices to maintain health and well-being.
- **573** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Livingston County families can be described as follows:<sup>2</sup>

- **2,893** families reside in the county.
- **219** families (**7.6%**) live below poverty level.
- Median family income is **\$39,486**.
- **54** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **501** people in Livingston County receive food stamps. The average family food stamp benefit is **\$216.78** per month.<sup>7</sup>

In the county, **1** child lives in out-of-home care.<sup>8</sup> In

2005, there were **40** incidents of adult abuse and **31** incidents of child abuse.<sup>9</sup>

### As a result of participation in Livingston County Extension programs:<sup>1</sup>

- **290** adults and youth improved their ability to make informed and effective decisions.
- **114** people adopted money management practices to reduce debt and/or increase savings.
- **114** people increased their knowledge and skills related to parenting and personal relationships.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

<sup>2</sup> U.S. Bureau of the Census, Census 2000.

<sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

<sup>4</sup> TransUnion LLC., Trend Data, Quarter 1 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.

<sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

<sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

<sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

<sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.