

### **KENTON COUNTY**

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# BUILDING STRONG FAMILIES FOR KENTUCKY

# OUR FOCUS

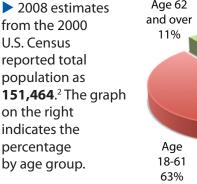
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Kenton County resulting in strong families for Kentucky. Educational programs focus on:

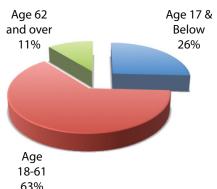
#### Making Beneficial Lifestyle Choices Nurturing Families Embracing Life as You Age Securing Financial Stability Promoting Healthy Homes and Communities Accessing Nutritious Food Empowering Community Leaders

Family and Consumer Sciences Extension made **47,862** contacts with Kenton County families during 2008-2009.<sup>1</sup>

# OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=151,464)





# SPOTLIGHT ON...

# ACCESSING NUTRITIOUS FOOD

A ccording to the U.S. Census Bureau, 18 percent of adults in Covington live below the poverty level, and the student poverty rate for the Covington school system is 89 percent, one of the highest in the region. Furthermore, nearly 8,500 Kenton County households – a large percentage of them in Covington - receive food stamps. To address this problem, the Kenton County Family and Consumer Sciences assistant works primarily in Covington teaching health and nutrition to schoolage children, seniors citizens and other adult groups. Through these efforts, 691 limited-resource children have learned how to make healthy snacks and the

importance of personal cleanliness. Ninetyfive adults per month learn how to cut food costs and prepare foods. An additional 750 adults are educated through handouts and food demonstrations.<sup>1</sup>





#### OUR COMMUNITY

Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Kenton County was 10%.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community wellbeing. In Kenton

#### As a result of participation in Kenton County Extension programs:<sup>1</sup>

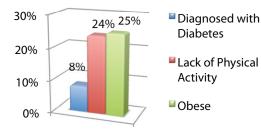
- **385** people were involved in addressing issues of their community.
- **42** people were prepared to enter the work force.
- **722** people expanded their knowledge of economic development.

County, **2.96%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.80%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **819** foreclosures were filed.<sup>5</sup>

Access to health insurance is another important factor contributing to family well-being. In Kenton County, **10%** of the people under age 65 are uninsured.<sup>6</sup>

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Kenton County. *Figure 2. Health Risks.*<sup>6</sup>

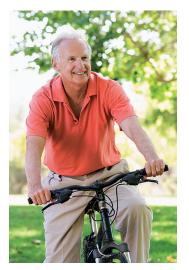


#### As a result of participation in Kenton County Extension programs:<sup>1</sup>

- **787** people increased knowledge of practices to maintain health and well-being.
- **390** people increased knowledge of safe practices to store, handle, and prepare food.
- **240** people developed skills to access affordable food.

### OUR FAMILIES

- ► Using data from the 2000 U.S. Census, Kenton County families can be described as follows:<sup>2</sup>
- **39,444** families reside in the county.
- 2,797 families (7.1%) live below poverty level.
- Median family income is **\$52,953**.
- **1,182** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **7,514** people in Kenton County receive food stamps. The average family food stamp benefit is **\$240.03** per month.<sup>7</sup>

In the county, **320** children live in out-of-home care.<sup>8</sup>

In 2005, there were **501** incidents of adult abuse and **457** incidents of child abuse.<sup>9</sup>

#### As a result of participation in Kenton County Extension programs:<sup>1</sup>

- **573** people adopted money management practices to reduce debt and/or increase savings.
- **22** people increased their knowledge and skills related to parenting and personal relationships.
- **224** adult or child care providers increased their knowledge and skills related to parenting and personal relationships.

#### **SOURCES**

- <sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.
- <sup>2</sup> U.S. Bureau of the Census, Census 2000.
   <sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.
- <sup>4</sup>TransUnion LLC., Trend Data, Quarter 1 2009.
- <sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.
- <sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.
- <sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.
- <sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.
  <sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.