

#### **HOPKINS COUNTY**

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### BUILDING STRONG FAMILIES FOR KENTUCKY

### **OUR FOCUS**

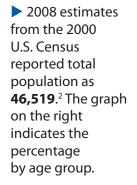
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Hopkins County resulting in strong families for Kentucky. Educational programs focus on:

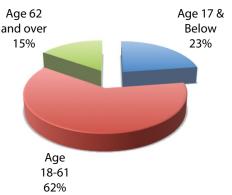
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **19,145** contacts with Hopkins County families during 2008-2009.<sup>1</sup>

### **OUR PEOPLE**

Figure 1. Population by Age Group<sup>2</sup> (n=46,519)





### **SPOTLIGHT ON...**

# PROMOTING HEALTHY HOMES AND COMMUNITIES

hen the ice storm of 2009 dealt a significant blow to Hopkins County, the Family and Consumer Sciences (FCS) program was able to provide information on food safety and security to citizens by utilizing the only mass media outlet available during the first week - local radio. Through live radio announcements, the FCS agent was able to tell residents how long to keep fresh and frozen foods and how to safely store food during the lengthy power outage. Radio announcers also used Extension fact sheets to keep residents informed on the proper

way to use generators, kerosene heaters, chain saws and gas appliances. Also as a result of the storm, Master Food Volunteers in Hopkins County distribute refrigerator magnets with food safety information to assist with outreach efforts.1





#### **OUR COMMUNITY**

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Hopkins County was 9.6%.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community wellbeing. In Hopkins County, **1.50%** of mortgages are 90-

## As a result of participation in Hopkins County Extension programs:

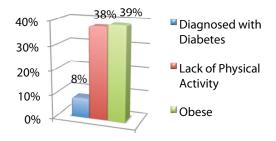
- 20 people were involved in addressing issues of their community.
- 275 people increased their knowledge of governmental process.
- 125 people were involved in working with government in addressing significant community issues.

days delinquent and 60-day bank card delinquency rates have increased by **1.55%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **184** foreclosures were filed.<sup>5</sup>

Access to health insurance is another important factor contributing to family well-being. In Hopkins County, **14%** of the people under age 65 are uninsured.<sup>6</sup>

### **OUR HEALTH**

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Hopkins County. *Figure 2. Health Risks.*<sup>6</sup>

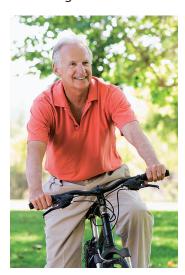


### As a result of participation in Hopkins County Extension programs:<sup>1</sup>

- **475** people increased knowledge of practices to maintain health and well-being.
- **150** people increased knowledge of safe practices to store, handle, and prepare food.
- 10 people developed skills to access affordable food.

#### **OUR FAMILIES**

- ▶ Using data from the 2000 U.S. Census, Hopkins County families can be described as follows:²
- 13,400 families reside in the county.
- 1,826 families (13.6%) live below poverty level.
- Median family income is \$36,794.
- **368** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **2,949** people in Hopkins County receive food stamps. The average family food stamp benefit is **\$227.24** per month.<sup>7</sup>

In the county, **82** children live in out-of-home care.<sup>8</sup>

In 2005, there were **259** incidents of adult abuse and **121** incidents of child abuse.<sup>9</sup>

## As a result of participation in Hopkins County Extension programs:<sup>1</sup>

- 208 adults and youth improved their ability to make informed and effective decisions.
- **30** people adopted money management practices to reduce debt and/or increase savings.
- 18 people increased their knowledge and skills related to parenting and personal relationships.

#### **SOURCES**

- <sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.
- <sup>2</sup> U.S. Bureau of the Census, Census 2000.
- $^{\rm 3}$  Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.
- <sup>4</sup>TransUnion LLC., Trend Data, Quarter 1 2009.
- <sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.
- <sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.
- <sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.
- <sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.
- <sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.