



## HENDERSON COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY

### OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Henderson County resulting in strong families for Kentucky. Educational programs focus on:

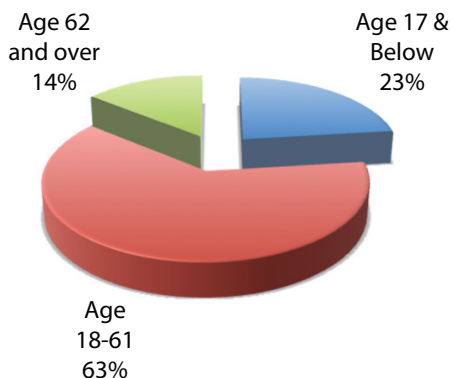
- Making Beneficial Lifestyle Choices**
- Nurturing Families**
- Embracing Life as You Age**
- Securing Financial Stability**
- Promoting Healthy Homes and Communities**
- Accessing Nutritious Food**
- Empowering Community Leaders**

Family and Consumer Sciences Extension made **3,914** contacts with Henderson County families during 2008-2009.<sup>1</sup>

### OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=44,829)

► 2008 estimates from the 2000 U.S. Census reported total population as **44,829**.<sup>2</sup> The graph on the right indicates the percentage by age group.



### SPOTLIGHT ON...

## ACCESSING NUTRITIOUS FOOD

With higher food prices in evidence, people are becoming more interested in home gardening and food preservation. To address this interest, the Henderson County Family and Consumer Sciences agent and assistant offered a food preservation workshop with an emphasis on food safety. Forty people – most of whom had never canned before – attended and received up-to-date information on canning, freezing and drying foods. They worked in groups to make salsa and jelly and canned green beans. A follow-up evaluation showed that 80 percent of participants have canned since the class, with the remaining 20 percent indicating they plan to do so. As a result of renewed interest in canning, we reintroduced the open canning category at the Henderson County Fair. Seventy-five canning entries were exhibited.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Henderson County was **9.7%**.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Henderson County, **2.65%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.67%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **116** foreclosures were filed.<sup>5</sup>

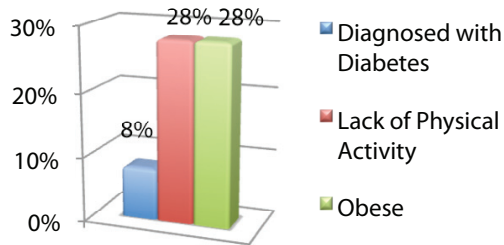
Access to health insurance is another important factor contributing to family well-being. In Henderson County, **12%** of the people under age 65 are uninsured.<sup>6</sup>

### As a result of participation in Henderson County Extension programs:<sup>1</sup>

- **50** people were involved in addressing issues of their community.
- **57** people increased their knowledge of governmental process.
- **306** people were prepared to enter the work force.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Henderson County. **Figure 2. Health Risks.**<sup>6</sup>



### As a result of participation in Henderson County Extension programs:<sup>1</sup>

- **342** people increased knowledge of practices to maintain health and well-being.
- **495** people used safe practices to store, handle, and prepare food.
- **200** people implemented practices to maintain health and well-being.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Henderson County families can be described as follows:<sup>2</sup>

- **12,570** families reside in the county.
- **1,218** families (**9.7%**) live below poverty level.
- Median family income is **\$44,703**.
- **443** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **2,758** people in Henderson County receive food stamps. The average family food stamp benefit is **\$216.18** per month.<sup>7</sup>

In the county, **54** children live in out-of-home care.<sup>8</sup>

In 2005, there were **251** incidents of adult abuse and **206** incidents of child abuse.<sup>9</sup>

### As a result of participation in Henderson County Extension programs:<sup>1</sup>

- **3** adults and youth improved their ability to make informed and effective decisions.
- **30** people adopted money management practices to reduce debt and/or increase savings.
- **430** adults and youth improved practical living skills.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

<sup>2</sup> U.S. Bureau of the Census, Census 2000.

<sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

<sup>4</sup> TransUnion LLC., Trend Data, Quarter 1 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.

<sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

<sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

<sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

<sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.