

#### **GRANT COUNTY**

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### BUILDING STRONG FAMILIES FOR KENTUCKY

### **OUR FOCUS**

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Grant County resulting in strong families for Kentucky. Educational programs focus on:

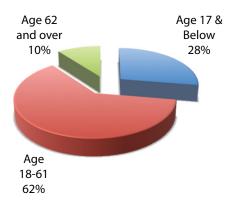
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **9,247** contacts with Grant County families during 2008-2009.

### **OUR PEOPLE**

Figure 1. Population by Age Group<sup>2</sup> (n=22,384)





### **SPOTLIGHT ON...**

# PROMOTING HEALTHY HOMES AND COMMUNITIES

rant County was one of 70 counties that participated in the first-ever Second Sunday initiative to raise awareness of the need for physical activity in the daily lives of Kentuckians. About 300 people participated in a variety of activities, including walking, biking, a corn hole tournament, a decorated bike contest and pumpkin decorating. Participants also were able to sign up for "Walktober," a month-long walking program. Grant County Extension took the lead in planning and implementing this event and was able to secure a small

grant to help cover expenses; however, it would not have been successful without the support of numerous community partners. Thanks to the first year's success, a second "Second Sunday" was held in October this year.1





#### **OUR COMMUNITY**

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Grant County was 10.7%.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Grant County,

## As a result of participation in Grant County Extension programs:<sup>1</sup>

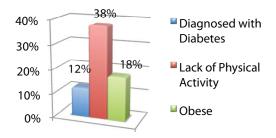
- 151 people were involved in addressing issues of their community.
- 151 people increased their knowledge of governmental process.
- **64** people were prepared to enter the work force.

**4.23%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **2.90%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **100** foreclosures were filed.<sup>5</sup>

Access to health insurance is another important factor contributing to family well-being. In Grant County, **13**% of the people under age 65 are uninsured.<sup>6</sup>

### **OUR HEALTH**

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Grant County. Figure 2. Health Risks.<sup>6</sup>

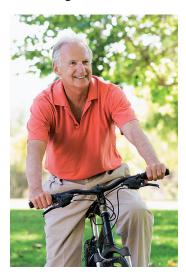


### As a result of participation in Grant County Extension programs:<sup>1</sup>

- 1,123 people increased knowledge of practices to maintain health and well-being.
- 812 people made lifestyle changes to improve health.
- 114 people implemented practices to maintain health and well-being.

### **OUR FAMILIES**

- ▶ Using data from the 2000 U.S. Census, Grant County families can be described as follows:²
- 6,219 families reside in the county.
- 563 families (9%) live below poverty level.
- Median family income is \$42,605.
- **267** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,668** people in Grant County receive food stamps. The average family food stamp benefit is **\$273.28** per month.<sup>7</sup>

In the county, 63 children live in out-of-home care.8

In 2005, there were **47** incidents of adult abuse and **82** incidents of child abuse.<sup>9</sup>

### As a result of participation in Grant County Extension programs:<sup>1</sup>

- 1,148 adults and youth improved their ability to make informed and effective decisions.
- 558 people adopted money management practices to reduce debt and/or increase savings.
- 45 people increased their knowledge and skills related to parenting and personal relationships.

#### **SOURCES**

- <sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.
- <sup>2</sup> U.S. Bureau of the Census, Census 2000.
- $^{\rm 3}$  Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.
- <sup>4</sup>TransUnion LLC., Trend Data, Quarter 1 2009.
- <sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.
- <sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.
- <sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.
- <sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.
- <sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.