



## FLEMING COUNTY

Donna Fryman, County Extension Agent  
 Family & Consumer Sciences

# BUILDING STRONG FAMILIES FOR KENTUCKY

## OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Fleming County resulting in strong families for Kentucky. Educational programs focus on:

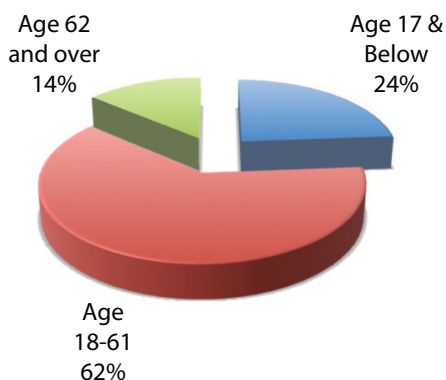
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **40,409** contacts with Fleming County families during 2008-2009.<sup>1</sup>

## OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=13,792)

► 2008 estimates from the 2000 U.S. Census reported total population as **13,792**.<sup>2</sup> The graph on the right indicates the percentage by age group.



## SPOTLIGHT ON...

## ACCESSING NUTRITIOUS FOOD

With a focus on the health and well-being of all families, the Fleming County Nutrition Education Program initiated the "Backpack Project" for hungry students in the county's four elementary schools. Local churches, organizations, businesses, and schools supported the project by collecting food, providing names and donating money so 148 students would be sent home each Friday with enough food in their backpacks to last the weekend. Fleming County's nutrition assistants coordinated this program. After six months of providing food in students' backpacks, 95 percent of families and teachers surveyed said the students looked better, 75 percent said they attended school more regularly, and 90 percent reported students were more attentive in class, more alert, and less sleepy. Sixty-five percent reported improved grades.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Fleming County was **12.8%**.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Fleming County, **3.15%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **3.06%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **20** foreclosures were filed.<sup>5</sup>

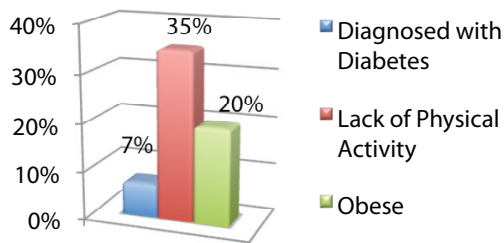
Access to health insurance is another important factor contributing to family well-being. In Fleming County, **16%** of the people under age 65 are uninsured.<sup>6</sup>

### As a result of participation in Fleming County Extension programs:<sup>1</sup>

- **65** people were involved in addressing issues of their community.
- **20** people increased their knowledge of governmental process.
- **10** people were prepared to enter the work force.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Fleming County. **Figure 2. Health Risks.**<sup>6</sup>



### As a result of participation in Fleming County Extension programs:<sup>1</sup>

- **250** people implemented new practices to maintain health and well-being.
- **440** people used safe practices to store, handle, and prepare food.
- **325** people implemented practices to maintain health and well-being.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Fleming County families can be described as follows:<sup>2</sup>

- **3,965** families reside in the county.
- **587** families (**14.8%**) live below poverty level.
- Median family income is **\$33,300**.
- **48** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,108** people in Fleming County receive food stamps. The average family food stamp benefit is **\$216.61** per month.<sup>7</sup>

In the county, **54** children live in out-of-home care.<sup>8</sup>

In 2005, there were **31** incidents of adult abuse and **86** incidents of child abuse.<sup>9</sup>

### As a result of participation in Fleming County Extension programs:<sup>1</sup>

- **135** adults and youth improved their ability to make informed and effective decisions.
- **45** people adopted money management practices to reduce debt and/or increase savings.
- **45** adult or child care providers increased their knowledge and skills related to age appropriate care.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

<sup>2</sup> U.S. Bureau of the Census, Census 2000.

<sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

<sup>4</sup> TransUnion LLC., Trend Data, Quarter 1 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.

<sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

<sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

<sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

<sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.