



## EDMONSON COUNTY

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Family & Consumer Sciences

# BUILDING STRONG FAMILIES FOR KENTUCKY

## OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Edmonson County resulting in strong families for Kentucky. Educational programs focus on:

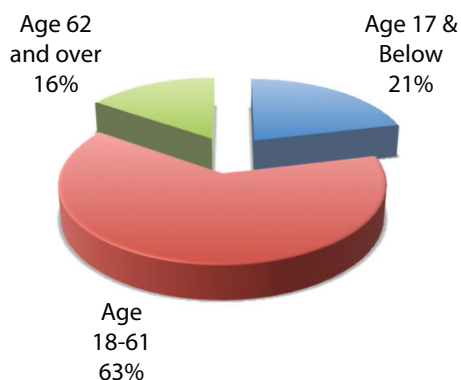
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **12,443** contacts with Edmonson County families during 2008-2009.<sup>1</sup>

## OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=11,644)

► 2008 estimates from the 2000 U.S. Census reported total population as **11,644**.<sup>2</sup> The graph on the right indicates the percentage by age group.



## SPOTLIGHT ON...

## ACCESSING NUTRITIOUS FOOD

Statistics suggest 14.2% of Edmonson Countians who potentially could not afford to eat properly. Our Nutrition Education Program worked with 121 limited-resource families and taught them how to serve more nutritious meals, how to keep food safe and how to utilize local food resources effectively. Of those families, 93.6% made improvements in the nutritional quality of their diets through steps such as planning meals using the My Pyramid food guide, making healthy choices comparing food prices and using the Nutrition Facts label. Additionally, 50% of those families we worked with increased the frequency of moderate physical activity for 30 minutes per day, 33% began feeding their children breakfast and 19% were able to use community food resources less often due to better food management.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Edmonson County was **13.5%**.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Edmonson County, **2.45%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **3.99%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **20** foreclosures were filed.<sup>5</sup>

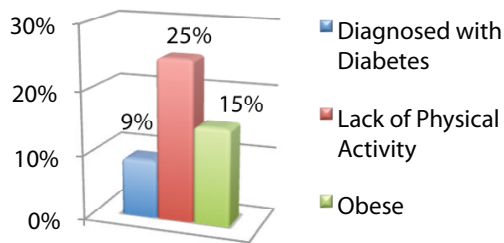
Access to health insurance is another important factor contributing to family well-being. In Edmonson County, **14%** of the people under age 65 are uninsured.<sup>6</sup>

### As a result of participation in Edmonson County Extension programs:<sup>1</sup>

- **175** people were involved in addressing issues of their community.
- **25** people increased their knowledge of governmental processes.
- **35** people were prepared to enter the work force.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Edmonson County. **Figure 2. Health Risks.**<sup>6</sup>



### As a result of participation in Edmonson County Extension programs:<sup>1</sup>

- **115** people increased knowledge of practices to maintain health and well-being.
- **450** people increased knowledge of safe practices to store, handle, and prepare food
- **220** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Edmonson County families can be described as follows:<sup>2</sup>

- **3,461** families reside in the county.
- **497** families (**14.2%**) live below poverty level.
- Median family income is **\$31,843**.
- **87** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **909** people in Edmonson County receive food stamps. The average family food stamp benefit is **\$188.29** per month.<sup>7</sup>

In the county, **49** children live in out-of-home care.<sup>8</sup>

In 2005, there were **24** incidents of adult abuse and **80** incidents of child abuse.<sup>9</sup>

### As a result of participation in Edmonson County Extension programs:<sup>1</sup>

- **1,200** adults and youth improved their ability to make informed and effective decisions.
- **180** people adopted money management practices to reduce debt and/or increase savings.
- **30** people increased their knowledge and skills related to parenting and personal skills.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

<sup>2</sup> U.S. Bureau of the Census, Census 2000.

<sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

<sup>4</sup> TransUnion LLC., Trend Data, Quarter 1 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.

<sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

<sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

<sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

<sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.