

DAVIESS COUNTY Christy Ramey, County Extension Agent *Family & Consumer Sciences*



BUILDING STRONG FAMILIES FOR KENTUCKY

OUR FOCUS

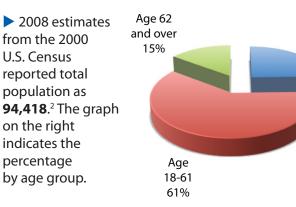
► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Daviess County resulting in strong families for Kentucky. Educational programs focus on:

Making Beneficial Lifestyle Choices Nurturing Families Embracing Life as You Age Securing Financial Stability Promoting Healthy Homes and Communities Accessing Nutritious Food Empowering Community Leaders

Family and Consumer Sciences Extension made **34,706** contacts with Daviess County families during 2008-2009.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=94,418)



SPOTLIGHT ON...

MAKING BENEFICIAL LIFESTYLE CHOICES

B usinesses in Daviess County approached the UK Cooperative Extension Service about conducting a Biggest Losers Contest for their employees. One member from each team attended a weekly meeting of Weight the Reality Series for the 10-week program. Nine teams from four businesses volunteered to meet the challenge. Each team consisted of 5 members, so each week 45 clients would receive the information and weigh in. The winning team lost a total of 93.7 pounds or 9.76% of their body weight. All nine teams lost 428.3 pounds, which was quite an accomplishment! Surveys indicated that

individuals who participated felt supported in their weight loss efforts (67%), exercised more (72%), ate more fruits and vegetables (72%), kept the weight off (83%), and encouraged others in their weight loss efforts (67%).¹





Age 17 &

Below

24%

OUR COMMUNITY

Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Daviess County was 9.7%.³

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community wellbeing. In Daviess

As a result of participation in Daviess County Extension programs:¹

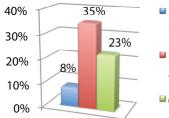
- **549** people were involved in addressing issues in their community.
- **327** people increased their knowledge of governmental process.
- **279** people were prepared to enter the work force.

County, **1.70%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.48%**.⁴ In a one-year period (October 2008 through October 2009), **269** foreclosures were filed.⁵

Access to health insurance is another important factor contributing to family well-being. In Daviess County, **11%** of the people under age 65 are uninsured.⁶

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Daviess County. *Figure 2. Health Risks.*⁶



- Diagnosed with Diabetes
- Lack of Physical Activity

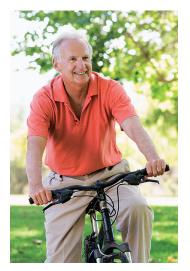
🖬 Obese

As a result of participation in Daviess County Extension programs:¹

- **2,250** people made lifestyle changes to improve health.
- **5,280** people developed skills to access affordable food.
- **3,887** people implemented practices to maintain health and well-being.

OUR FAMILIES

- Using data from the 2000 U.S. Census, Daviess County families can be described as follows:²
- 24,828 families reside in the county.
- 2,364 families (9.4%) live below poverty level.
- Median family income is **\$45,404**.
- **633** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **5,182** people in Daviess County receive food stamps. The average family food stamp benefit is **\$213.38** per month.⁷

In the county, **496** children live in out-of-home care.⁸

In 2005, there were **378** incidents of adult abuse and **656** incidents of child abuse.⁹

As a result of participation in Daviess County Extension programs:¹

- **990** people adopted money management practices to reduce debt and/or increase savings.
- **267** people increased their knowledge and skills related parenting and personal relationships.
- **550** adult and child care providers increased their knowledge skills related to age appropriate care.

SOURCES

- ¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.
- ² U.S. Bureau of the Census, Census 2000.
 ³ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.
- ⁴TransUnion LLC., Trend Data, Quarter 1 2009.
- ⁵ Kentucky Administrative Office of the Courts, November, 2009.
- ⁶ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.
- ⁷ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.
- ⁸ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.
 ⁹ Kentucky Department for Public Health, County Health Priorities, 2004.