



CRITTENDEN COUNTY

Nancy Hunt, County Extension Agent
Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY

OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Crittenden County resulting in strong families for Kentucky. Educational programs focus on:

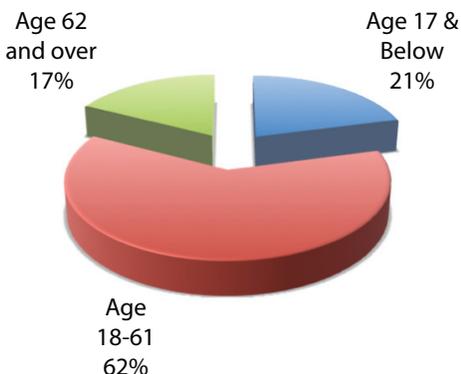
- Making Beneficial Lifestyle Choices**
- Nurturing Families**
- Embracing Life as You Age**
- Securing Financial Stability**
- Promoting Healthy Homes and Communities**
- Accessing Nutritious Food**
- Empowering Community Leaders**

Family and Consumer Sciences Extension made **20,013** contacts with Crittenden County families during 2008-2009.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=9,244)

► 2008 estimates from the 2000 U.S. Census reported total population as **9,244**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

NURTURING FAMILIES

Depression is a common mental disorder that is characterized by symptoms including sad mood, loss of interest or pleasure, low energy, poor concentration, disruptions in sleep and/or appetite, and feelings of low self-worth for at least two weeks. Barriers to effective treatment for depression exist, especially in rural areas. Crittenden County served as a pilot county for “Blue To You,” a University of Kentucky Health Education through Extension Leadership program designed to increase awareness about depression. County Extension Agent for Family and Consumer Sciences held 4 sessions involving 35 women and 15 youth to introduce materials. 80% of participants reported they or a family member had experienced symptoms of depression. Only 15% reported seeking medical help prior to the program. 100% reported increasing their knowledge of depression.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Crittenden County was **11.8%**.³

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Crittenden County, **1.90%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.85%**.⁴ In a one-year period (October 2008 through October 2009), **8** foreclosures were filed.⁵

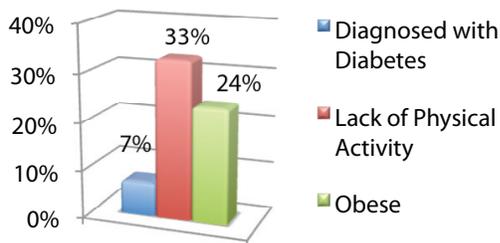
Access to health insurance is another important factor contributing to family well-being. In Crittenden County, **15%** of the people under age 65 are uninsured.⁶

As a result of participation in Crittenden County Extension programs:¹

- **75** people were involved in addressing issues in their community.
- **94** people increased their knowledge of governmental process.
- **54** people expanded their knowledge of economic development.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Crittenden County. **Figure 2. Health Risks.**⁶



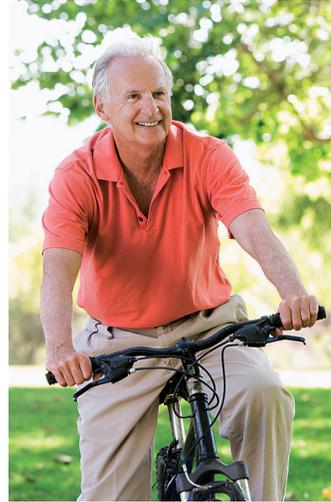
As a result of participation in Crittenden County Extension programs:¹

- **140** people increased knowledge of practices to maintain health and well-being.
- **71** people made lifestyle changes to improve health.
- **50** people implemented practices to maintain health and well-being.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Crittenden County families can be described as follows:²

- **2,706** families reside in the county.
- **405** families (**14.7%**) live below poverty level.
- Median family income is **\$36,462**.
- **99** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **489** people in Crittenden County receive food stamps. The average family food stamp benefit is **\$185.41** per month.⁷

In the county, **7** children live in out-of-home care.⁸

In 2005, there were **29** incidents of adult abuse and **41** incidents of child abuse.⁹

As a result of participation in Crittenden County Extension programs:¹

- **82** adults and youth improved their ability to make informed and effective decisions.
- **31** people adopted money management practices to reduce debt and/or increase savings.
- **19** adult or child care providers increased their knowledge and skills related to age appropriate care.

SOURCES

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

² U.S. Bureau of the Census, Census 2000.

³ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

⁴ TransUnion LLC., Trend Data, Quarter 1 2009.

⁵ Kentucky Administrative Office of the Courts, November, 2009.

⁶ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

⁷ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

⁸ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

⁹ Kentucky Department for Public Health, County Health Priorities, 2004.