



CRITTENDEN COUNTY

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 Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY

OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Crittenden County resulting in strong families for Kentucky. Educational programs focus on:

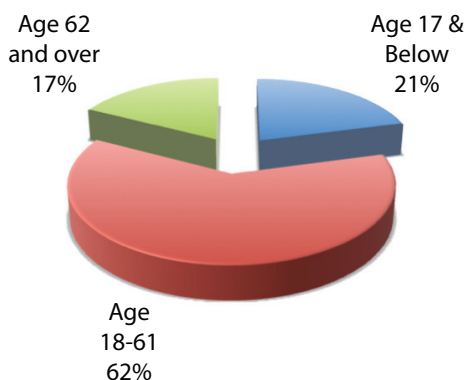
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **20,013** contacts with Crittenden County families during 2008-2009.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=9,244)

► 2008 estimates from the 2000 U.S. Census reported total population as **9,244**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

NURTURING FAMILIES

Depression is a common mental disorder that is characterized by symptoms including sad mood, loss of interest or pleasure, low energy, poor concentration, disruptions in sleep and/or appetite, and feelings of low self-worth for at least two weeks. Barriers to effective treatment for depression exist, especially in rural areas. Crittenden County served as a pilot county for "Blue To You," a University of Kentucky Health Education through Extension Leadership program designed to increase awareness about depression. County Extension Agent for Family and Consumer Sciences held 4 sessions involving 35 women and 15 youth to introduce materials. 80% of participants reported they or a family member had experienced symptoms of depression. Only 15% reported seeking medical help prior to the program. 100% reported increasing their knowledge of depression.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Crittenden County was **11.8%**.³

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Crittenden County, **1.90%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.85%**.⁴ In a one-year period (October 2008 through October 2009), **8** foreclosures were filed.⁵

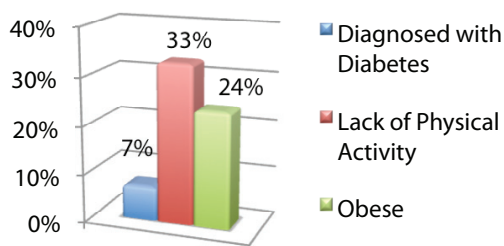
Access to health insurance is another important factor contributing to family well-being. In Crittenden County, **15%** of the people under age 65 are uninsured.⁶

As a result of participation in Crittenden County Extension programs:¹

- **75** people were involved in addressing issues in their community.
- **94** people increased their knowledge of governmental process.
- **54** people expanded their knowledge of economic development.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Crittenden County. **Figure 2. Health Risks.**⁶



As a result of participation in Crittenden County Extension programs:¹

- **140** people increased knowledge of practices to maintain health and well-being.
- **71** people made lifestyle changes to improve health.
- **50** people implemented practices to maintain health and well-being.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Crittenden County families can be described as follows:²

- **2,706** families reside in the county.
- **405** families (**14.7%**) live below poverty level.
- Median family income is **\$36,462**.
- **99** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **489** people in Crittenden County receive food stamps. The average family food stamp benefit is **\$185.41** per month.⁷

In the county, **7** children live in out-of-home care.⁸

In 2005, there were **29** incidents of adult abuse and **41** incidents of child abuse.⁹

As a result of participation in Crittenden County Extension programs:¹

- **82** adults and youth improved their ability to make informed and effective decisions.
- **31** people adopted money management practices to reduce debt and/or increase savings.
- **19** adult or child care providers increased their knowledge and skills related to age appropriate care.

SOURCES

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

² U.S. Bureau of the Census, Census 2000.

³ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

⁴ TransUnion LLC., Trend Data, Quarter 1 2009.

⁵ Kentucky Administrative Office of the Courts, November, 2009.

⁶ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

⁷ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

⁸ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

⁹ Kentucky Department for Public Health, County Health Priorities, 2004.