



## CLINTON COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY

## OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Clinton County resulting in strong families for Kentucky. Educational programs focus on:

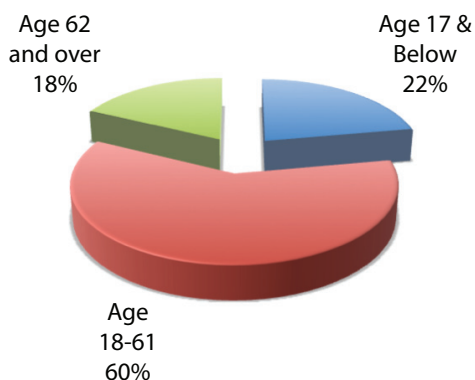
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **23,025** contacts with Clinton County families during 2008-2009.<sup>1</sup>

## OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=9,568)

► 2008 estimates from the 2000 U.S. Census reported total population as **9,568**.<sup>2</sup> The graph on the right indicates the percentage by age group.



## SPOTLIGHT ON...

## MAKING BENEFICIAL LIFESTYLE CHOICES

Substance abuse issues, particularly prescription drug misuse, continue to be of concern to community members. To address the variety of substance abuse issues impacting our community, the Clinton County Cooperative Extension Service partnered with other local agencies to organize Truth or Consequences. Truth or Consequences is an enrichment activity designed to show students the impact of getting involved with illicit and legal substances. Based upon the format of the 4-H Reality Store, students role-played scenarios including possession of prescription drugs, driving under the influence, sniffing, possession of alcohol, drug paraphernalia, or illegal drugs, trafficking, stealing drugs, etc. 102 freshman students and 64 adult volunteers participated in Truth or Consequences. Additionally, 687 students participated in the "Save A Life Tour" which simulated driving under the influence of prescription drugs or alcohol.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Clinton County was **9.4%**.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Clinton County, **1.90%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **39%**.<sup>4</sup>

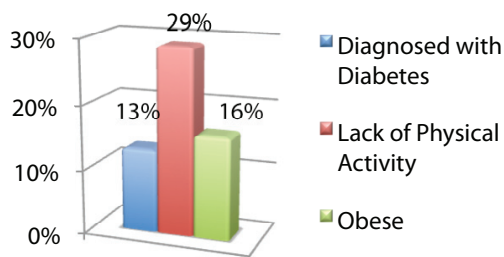
Access to health insurance is another important factor contributing to family well-being. In Clinton County, **21%** of the people under age 65 are uninsured.<sup>5</sup>

### As a result of participation in Clinton County Extension programs:<sup>1</sup>

- **433** people were involved in addressing issues of their community.
- **173** people increased their knowledge of governmental process.
- **48** people expanded their knowledge of economic development.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Clinton County. **Figure 2. Health Risks.**<sup>5</sup>



### As a result of participation in Clinton County Extension programs:<sup>1</sup>

- **5,139** people increased knowledge of practices to maintain health and well-being.
- **675** people increased knowledge of safe practices to store, handle, and prepare food.
- **345** people implemented practices to maintain health and well-being.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Clinton County families can be described as follows:<sup>2</sup>

- **2,811** families reside in the county.
- **564** families (**20.2%**) live below poverty level.
- Median family income is **\$25,919**.
- **91** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,241** people in Clinton County receive food stamps. The average family food stamp benefit is **\$179.40** per month.<sup>6</sup>

In the county, **22** children live in out-of-home care.<sup>7</sup>

In 2005, there were **49** incidents of adult abuse and **39** incidents of child abuse.<sup>8</sup>

### As a result of participation in Clinton County Extension programs:<sup>1</sup>

- **2,690** adults and youth improved their ability to make informed and effective decisions.
- **425** people adopted money management practices to reduce debt and/or increase savings.
- **792** people increased their knowledge and skills related to parenting and personal relationships.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

<sup>2</sup> U.S. Bureau of the Census, Census 2000.

<sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

<sup>4</sup> TransUnion LLC., Trend Data, Quarter 1 2009.

<sup>5</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

<sup>6</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

<sup>7</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

<sup>8</sup> Kentucky Department for Public Health, County Health Priorities, 2004.