



CLAY COUNTY

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BUILDING STRONG FAMILIES FOR KENTUCKY

OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Clay County resulting in strong families for Kentucky. Educational programs focus on:

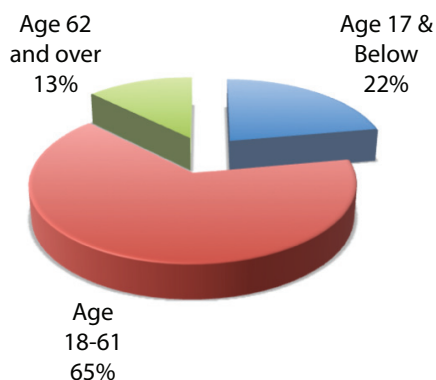
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **9,340** contacts with Clay County families during 2008-2009.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=23,930)

► 2008 estimates from the 2000 U.S. Census reported total population as **23,930**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

SECURING FINANCIAL STABILITY

Research shows there is a correlation between an individual's financial stress and his/her health. The Clay County Cooperative Extension Service has presented Small Steps to Health and Wealth to three groups reaching 47 individuals with health and financial information. Evaluation showed that 49% reported tracking their current eating and spending habits, 100% compared at least one current health or financial measurement recommendation, 49% reduced calorie intake, 49% increased exercise, and 49% reduced expenses. Participants' statements include: "I have liked this program." "I am saving \$10.00 a month". "I have started walking".¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Clay County was **14.4%**.³

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Clay County, **5%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **2.190%**.⁴ In a one-year period (October 2008 through October 2009), **38** foreclosures were filed.⁵

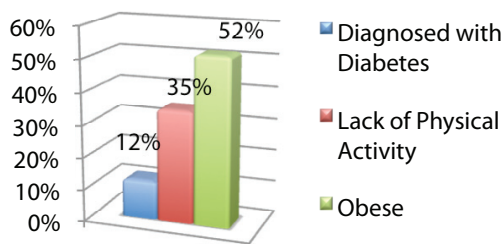
Access to health insurance is another important factor contributing to family well-being. In Clay County, **22%** of the people under age 65 are uninsured.⁶

As a result of participation in Clay County Extension programs:¹

- **47** community adults compared their debt ratio against expert recommendations to make a plan for better financial management.
- Clay County Extension is involved in **2** community coalitions.
- **23** people expanded their knowledge of economic development

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Clay County.
*Figure 2. Health Risks.*⁶



As a result of participation in Clay County Extension programs:¹

- **99** people increased knowledge of practices to maintain health and well-being.
- **99** people made lifestyle changes to improve health.
- **76** people implemented practices to maintain health and well-being.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Clay County families can be described as follows:²

- **6,440** families reside in the county.
- **2,280** families (**35.4%**) live below poverty level.
- Median family income is **\$18,925**.
- **338** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **3,951** people in Clay County receive food stamps. The average family food stamp benefit is **\$195.32** per month.⁷

In the county, **46** children live in out-of-home care.⁸

In 2005, there were **62** incidents of adult abuse and **52** incidents of child abuse.⁹

As a result of participation in Clay County Extension programs:¹

- **46** adults and youth improved their ability to make informed and effective decisions.
- **45** people adopted money management practices to reduce debt and/or increase savings.
- **13** people increased their knowledge and skills related to parenting and personal relationships.

SOURCES

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

² U.S. Bureau of the Census, Census 2000.

³ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

⁴ TransUnion LLC., Trend Data, Quarter 1 2009.

⁵ Kentucky Administrative Office of the Courts, November, 2009.

⁶ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

⁷ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

⁸ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

⁹ Kentucky Department for Public Health, County Health Priorities, 2004.