



## CARLISLE COUNTY

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# BUILDING STRONG FAMILIES FOR KENTUCKY

## OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Carlisle County resulting in strong families for Kentucky. Educational programs focus on:

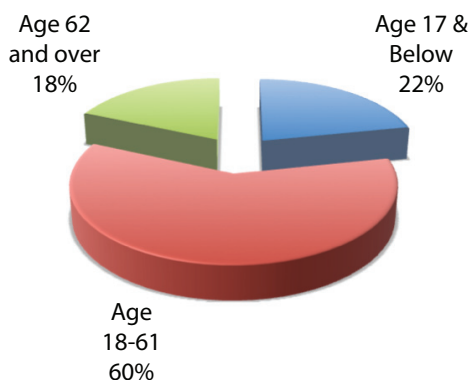
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **6,722** contacts with Carlisle County families during 2008-2009.<sup>1</sup>

## OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=5,162)

► 2008 estimates from the 2000 U.S. Census reported total population as **5,162**.<sup>2</sup> The graph on the right indicates the percentage by age group.



## SPOTLIGHT ON...

## EMPOWERING COMMUNITY LEADERS

Carlisle County Extension Homemakers are an important resource for the community. A key mission is to develop leadership skills through their regular county council meetings and club meetings. They supply a majority of the workers at the county fair in the exhibits building, followed by cooking and selling funnel cakes, apple dews and tater twists at the fair to raise money for community outreach and scholarships. An annual leadership event is the County Annual meeting, complete with cultural arts display. They also sponsored the Holiday Foods tasting program to teach healthy meal planning for the holidays. Additionally, the members taught local youth quick clothing repair skills to stretch their clothes budget.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Carlisle County was **10.4%**.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Carlisle County, **2.99%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.45%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **4** foreclosures were filed.<sup>5</sup>

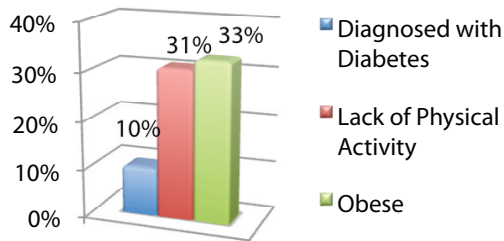
Access to health insurance is another important factor contributing to family well-being. In Carlisle County, **15%** of the people under age 65 are uninsured.<sup>6</sup>

### As a result of participation in Carlisle County Extension programs:<sup>1</sup>

- **5** people were involved in addressing issues of their community.
- **2** people increased their knowledge of governmental process.
- Carlisle County Extension is involved in **9** community coalitions.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Carlisle County.  
*Figure 2. Health Risks.*<sup>6</sup>



### As a result of participation in Carlisle County Extension programs:<sup>1</sup>

- **100** people increased knowledge of practices to maintain health and well-being.
- **16** people increased knowledge of safe practices to store, handle, and prepare food.
- **15** people used safe practices to store, handle, and prepare food.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Carlisle County families can be described as follows:<sup>2</sup>

- **1,575** families reside in the county.
- **166** families (**10.5%**) live below poverty level.
- Median family income is **\$33,433**.
- **36** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **264** people in Carlisle County receive food stamps. The average family food stamp benefit is **\$197.89** per month.<sup>7</sup>

In the county, **5** children live in out-of-home care.<sup>8</sup>

In 2005, there were **7** incidents of adult abuse and **14** incidents of child abuse.<sup>9</sup>

### As a result of participation in Carlisle County Extension programs:<sup>1</sup>

- **10** people adopted money management practices to reduce debt and/or increase savings.
- **66** adults and youth improved practical living skills.
- **16** youth gained on or more life skills.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

<sup>2</sup> U.S. Bureau of the Census, Census 2000.

<sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

<sup>4</sup> TransUnion LLC., Trend Data, Quarter 1 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.

<sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

<sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

<sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

<sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.