



## CALLOWAY COUNTY

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Family & Consumer Sciences

# BUILDING STRONG FAMILIES FOR KENTUCKY

## OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Calloway County resulting in strong families for Kentucky. Educational programs focus on:

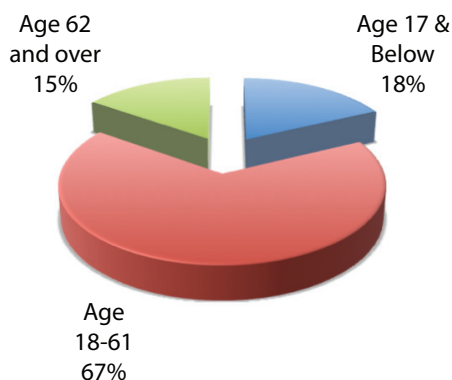
**Making Beneficial Lifestyle Choices**  
**Nurturing Families**  
**Embracing Life as You Age**  
**Securing Financial Stability**  
**Promoting Healthy Homes and Communities**  
**Accessing Nutritious Food**  
**Empowering Community Leaders**

Family and Consumer Sciences Extension made **9,897** contacts with Calloway County families during 2008-2009.<sup>1</sup>

## OUR PEOPLE

Figure 1. Population by Age Group<sup>2</sup> (n=36,240)

► 2008 estimates from the 2000 U.S. Census reported total population as **36,240**.<sup>2</sup> The graph on the right indicates the percentage by age group.



## SPOTLIGHT ON...

## EMBRACING LIFE AS YOU AGE

The Calloway County Cooperative Extension Homemaker Association (KEHA) is growing by leaps and bounds. This growth has encouraged positive behavior change among its members and residents of the community. Local KEHA members have been proactive in community programs such as Literacy, Eating, and Activity for Preschoolers in the preschools. The Dream Team has obtained the rights to the Second Wind Dreams program. With this program, “dreams” are provided to senior citizens in the local nursing and rehabilitation home. Some of the examples of the dreams obtained were driving a lady around town, because she had not seen its growth in ten years. 8 senior citizens were taken to see a play at the local Playhouse in the Park. A 60th anniversary party was sponsored by a local restaurant.<sup>1</sup>



## OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Calloway County was **8.8%**.<sup>3</sup>

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Calloway County, **1.12%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.56%**.<sup>4</sup> In a one-year period (October 2008 through October 2009), **61** foreclosures were filed.<sup>5</sup>

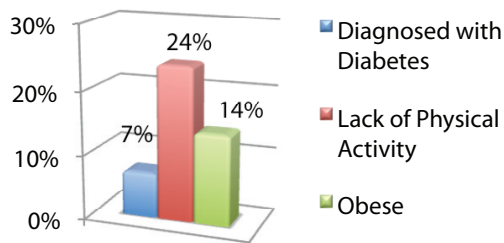
Access to health insurance is another important factor contributing to family well-being. In Calloway County, **13%** of the people under age 65 are uninsured.<sup>6</sup>

### As a result of participation in Calloway County Extension programs:<sup>1</sup>

- **113** people were involved in addressing issues of their community.
- **368** people increased their knowledge of governmental process.
- **215** people were prepared to enter the work force.

## OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Calloway County. **Figure 2. Health Risks.**<sup>6</sup>



### As a result of participation in Calloway County Extension programs:<sup>1</sup>

- **548** people increased knowledge of practices to maintain health and well-being.
- **548** people increased knowledge of safe practices to store, handle, and prepare food.
- **758** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.

## OUR FAMILIES

► Using data from the 2000 U.S. Census, Calloway County families can be described as follows:<sup>2</sup>

- **8,594** families reside in the county.
- **851** families (**9.8%**) live below poverty level.
- Median family income is **\$39,914**.
- **165** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,402** people in Calloway County receive food stamps. The average family food stamp benefit is **\$208.70** per month.<sup>7</sup>

In the county, **67** children live in out-of-home care.<sup>8</sup>

In 2005, there were **91** incidents of adult abuse and **41** incidents of child abuse.<sup>9</sup>

### As a result of participation in Calloway County Extension programs:<sup>1</sup>

- **2,553** adults and you improved their ability to make informed and effective decisions.
- **730** people adopted money management practices to reduce debt and/or increase savings.
- **2,653** adults and youth improved practical living skills.

### SOURCES

<sup>1</sup> Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

<sup>2</sup> U.S. Bureau of the Census, Census 2000.

<sup>3</sup> Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

<sup>4</sup> TransUnion LLC., Trend Data, Quarter 1 2009.

<sup>5</sup> Kentucky Administrative Office of the Courts, November, 2009.

<sup>6</sup> Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

<sup>7</sup> Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

<sup>8</sup> Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

<sup>9</sup> Kentucky Department for Public Health, County Health Priorities, 2004.