



BOURBON COUNTY

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 Family & Consumer Sciences

BUILDING STRONG FAMILIES FOR KENTUCKY

OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Bourbon County resulting in strong families for Kentucky. Educational programs focus on:

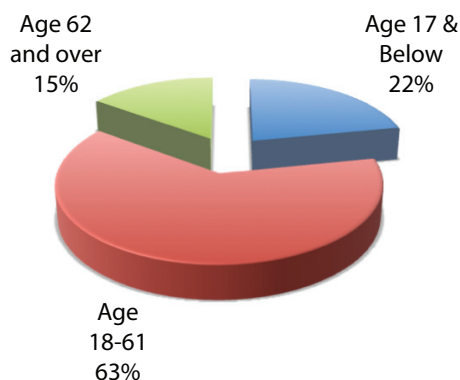
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **25,567** contacts with Bourbon County families during 2008-2009.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=19,828)

► 2008 estimates from the 2000 U.S. Census reported total population as **19,828**.² The graph on the right indicates the percentage by age group.



SPOTLIGHT ON...

ACCESSING NUTRITIOUS FOOD

Economic hard times and environmental concerns have led to an increase in home food preservation. People are raising gardens and need to know what to do to safely keep the food they are growing. Starting in the summer of 2008 and continuing to date, there was a 50% increase in questions, requests for publications, canner testing, and office visits related to home food preservation from previous years. In addition, six classes were taught in food preservation including canning, freezing, and drying. Approximately 100 people attended the classes.

Evaluations showed that 50% of participants did can, freeze, dry or preserve food after they attended the classes. One woman stated that her family ate their own fresh food all throughout the year.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Bourbon County was **9.9%**.³

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Bourbon County, **3.16%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **2.36%**.⁴ In a one-year period (October 2008 through October 2009), **86** foreclosures were filed.⁵

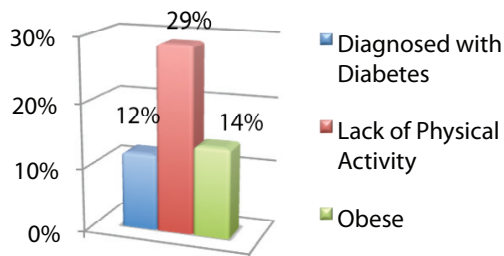
Access to health insurance is another important factor contributing to family well-being. In Bourbon County, **14%** of the people under age 65 are uninsured.⁶

As a result of participation in Bourbon County Extension programs:¹

- **375** people were involved in addressing issues in their community
- **390** people increased their knowledge of governmental process.
- **452** people expanded their knowledge of economic development.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Bourbon County. **Figure 2. Health Risks.**⁶



As a result of participation in Bourbon County Extension programs:¹

- **1,575** people increased knowledge of practices to maintain health and well-being.
- **850** people made lifestyle changes to improve health.
- **1,050** people used safe practices to store, handle, and prepare food.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Bourbon County families can be described as follows:²

- **5,448** families reside in the county.
- **679** families (**12.3%**) live below poverty level.
- Median family income is **\$42,294**.
- **175** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **1,061** people in Bourbon County receive food stamps. The average family food stamp benefit is **\$223.06** per month.⁷

In the county, **45** children live in out-of-home care.⁸ In 2005,

there were **58** incidents of adult abuse and **42** incidents of child abuse.⁹

As a result of participation in Bourbon County Extension programs:¹

- **25** people adopted money management practices to reduce debt and/or increase savings.
- **25** people increased their knowledge and skills related to parenting and personal relationships.
- **850** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

² U.S. Bureau of the Census, Census 2000.

³ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

⁴ TransUnion LLC., Trend Data, Quarter 1 2009.

⁵ Kentucky Administrative Office of the Courts, November, 2009.

⁶ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

⁷ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

⁸ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

⁹ Kentucky Department for Public Health, County Health Priorities, 2004.