

**BOONE COUNTY**

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BUILDING STRONG FAMILIES FOR KENTUCKY

OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Boone County resulting in strong families for Kentucky. Educational programs focus on:

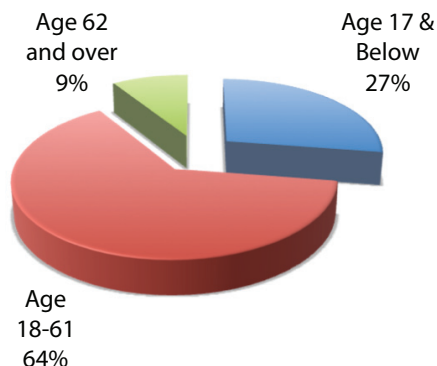
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **15,202** contacts with Boone County families during 2008-2009.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=115,231)

► 2008 estimates from the 2000 U.S. Census reported total population as **115,231**.² The graph on the right indicates the percentage by age group.

**SPOTLIGHT ON...**

ACCESSING NUTRITIOUS FOOD

In order to address community concerns over childhood obesity, Boone County Family and Consumer Sciences Extension taught the Literacy, Eating and Activity for Pre-schoolers (LEAP) program to 570 pre-school children in local daycare centers. The curriculum focused on the importance of eating fruits and vegetables through experiencing new foods, listening to a story, and participating in a hands-on activity. As a result of this program, 100% tried a new fruit or vegetable, 73% of the children could name at least one health benefit of eating fruits and vegetables and 100% of the children participated in physical activity. Daycare employees and teachers commented that because of LEAP, the children were more likely to eat vegetables during lunch now and to try new fruits and vegetables than prior to LEAP.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Boone County was **9.4%**.³

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Boone County, **2.73%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.85%**.⁴ In a one-year period (October 2008 through October 2009), **486** foreclosures were filed.⁵

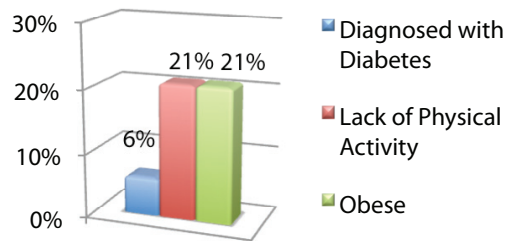
Access to health insurance is another important factor contributing to family well-being. In Boone County, **9%** of the people under age 65 are uninsured.⁶

As a result of participation in Boone County Extension programs:¹

- **1,825** people increased their knowledge of governmental process.
- **625** people prepared to enter the work force.
- **217** people expanded their knowledge of economic development.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Boone County.
*Figure 2. Health Risks.*⁶



As a result of participation in Boone County Extension programs:¹

- **738** people increased knowledge of practices to maintain health and well-being.
- **493** people made lifestyle changes to improve health.
- **873** people increased knowledge of safe practices to store, handle, and prepare food.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Boone County families can be described as follows:²

- **23,435** families reside in the county.
- **1,042** families (**4.4%**) live below poverty level.
- Median family income is **\$61,114**.
- **481** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **2,671** people in Boone County receive food stamps. The average family food stamp benefit is **\$245.24** per month.⁷

In the county, **226** children live in out-of-home care.⁸ In 2005, there were **233** incidents of adult abuse and **129** incidents of child abuse.⁹

As a result of participation in Boone County Extension programs:¹

- **805** adults and youth improved their ability to make informed and effective decisions.
- **456** people adopted money management practices to reduce debt and/or increase savings.
- **3,060** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

² U.S. Bureau of the Census, Census 2000.

³ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

⁴ TransUnion LLC., Trend Data, Quarter 1 2009.

⁵ Kentucky Administrative Office of the Courts, November, 2009.

⁶ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

⁷ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

⁸ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

⁹ Kentucky Department for Public Health, County Health Priorities, 2004.