

**ANDERSON COUNTY**

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BUILDING STRONG FAMILIES FOR KENTUCKY

OUR FOCUS

► Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Anderson County resulting in strong families for Kentucky. Educational programs focus on:

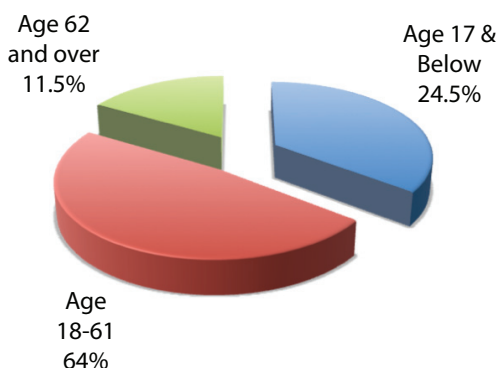
Making Beneficial Lifestyle Choices
Nurturing Families
Embracing Life as You Age
Securing Financial Stability
Promoting Healthy Homes and Communities
Accessing Nutritious Food
Empowering Community Leaders

Family and Consumer Sciences Extension made **6,107** contacts with Anderson County families during 2008-2009.¹

OUR PEOPLE

Figure 1. Population by Age Group² (n=21,347)

► 2008 estimates from the 2000 U.S. Census reported total population as **21,347**.² The graph on the right indicates the percentage by age group.

**SPOTLIGHT ON...**

ACCESSING NUTRITIOUS FOOD

In response to many teens lack of basic living skills, Family and Consumer Sciences Extension provided county youth simple cooking lessons. Once a month for four months, local youth participated in the program “Kids in the Kitchen.” During this time ten youth were taught how to prepare healthy meals. These meals included festive foods, breakfast foods, quick breads, and fun snacks. Participants learned to make new foods and learned important kitchen skills including how to correctly measure, how to use a knife, food safety, and nutritious meal-planning. Post test results showed that 100% of kids started helping with meals at home and even prepared what they had learned for their families. They also reported that they learned how to measure correctly and how to handle a knife.¹



OUR COMMUNITY

► Unemployment rates are a key economic indicator. In August 2009, the rate of unemployment in Anderson County was **11.2%**.³

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Anderson County, **2.85%** of mortgages are 90-days delinquent and 60-day bank card delinquency rates have increased by **1.65%**.⁴ In a one-year period (October 2008 through October 2009), **157** foreclosures were filed.⁵

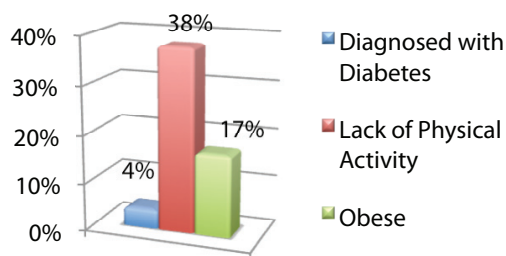
Access to health insurance is another important factor contributing to family well-being. In Anderson County, **9%** of the people under age 65 are uninsured.⁶

As a result of participation in Anderson County Extension programs:¹

- **45** people increased their knowledge of governmental process.
- **45** people were involved in working with government in addressing significant community issues.
- **35** people expanded their knowledge of economic development.

OUR HEALTH

► The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Anderson County. **Figure 2. Health Risks.**⁶



As a result of participation in Anderson County Extension programs:¹

- **60** people increased knowledge of practices to maintain health and well-being.
- **40** people implemented new practices to maintain health and well-being.
- **40** people increased knowledge of safe practices to store, handle, and prepare food.

OUR FAMILIES

► Using data from the 2000 U.S. Census, Anderson County families can be described as follows:²

- **5,526** families reside in the county.
- **267** families (**4.8%**) live below poverty level.
- Median family income is **\$50,837**.
- **77** grandparents are responsible for the care of their grandchildren.



According to the Kentucky Cabinet for Health and Family Services, **754** people in Anderson County receive food stamps. The average family food stamp benefit is **\$258.18** per month.⁷

In the county, **35** children live in out-of-home care.⁸ In 2005, there were **66** incidents of adult abuse and **39** incidents of child abuse.⁹

As a result of participation in Anderson County Extension programs:¹

- **312** adults and youth improved their ability to make informed and effective decisions.
- **10** people adopted money management practices to reduce debt and/or increase savings.
- **368** adults and youth improved practical living skills.

SOURCES

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2009.

² U.S. Bureau of the Census, Census 2000.

³ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, August 2009.

⁴ TransUnion LLC., Trend Data, Quarter 1 2009.

⁵ Kentucky Administrative Office of the Courts, November, 2009.

⁶ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.

⁷ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

⁸ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

⁹ Kentucky Department for Public Health, County Health Priorities, 2004.