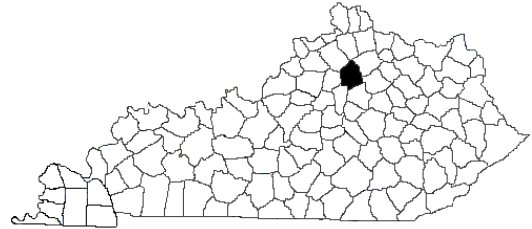


Building Strong Families for Kentucky

..... in Scott County

Connie Minch, County Extension Agent,
Family and Consumer Sciences



Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Scott County resulting in strong families for Kentucky. Educational programs focus on:

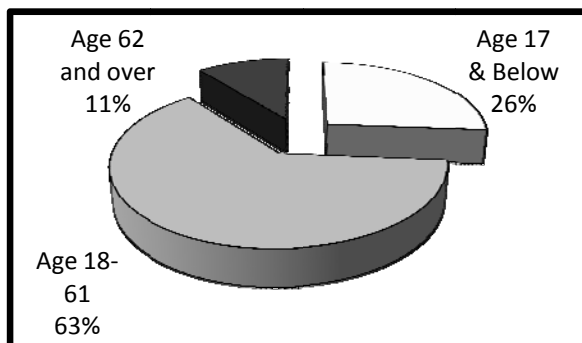
- Making Beneficial Lifestyle Choices***
- Nurturing Families***
- Embracing Life as You Age***
- Securing Financial Stability***
- Promoting Healthy Homes and Communities***
- Accessing Nutritious Food***
- Empowering Community Leaders***

Family and Consumer Sciences Extension made **12,669** contacts with Scott County families during 2007-2008.¹

Our People

The 2000 U.S. Census reported total population as **33,061**.² The graph below indicates the percentage by age group.

Figure 1. Population by Age Group² (n=33,061)



Spotlight on . . .

Promoting Healthy Homes and Communities



Because of the growing number of people with diabetes, there is also an increase in kidney disease. The Kentucky Chapter of the National Kidney Foundation partnered with the FCS agent and the diabetes coalition to conduct a screening event at the Scott County Extension Center. Eighty-nine people were screened for kidney disease. The FCS agent assisted other partnering agencies with the recruitment of volunteers to take medical histories and draw blood. The screenings provided at this event were free to the participants and had a retail value of \$700 - \$800. Lives may have been saved by screening these at-risk individuals.¹

Our Families

Using data from the 2000 U.S. Census, Scott County families can be described as follows:²

- **9,041** families reside in the county.
- **657** families (**7.3%**) live below poverty level.
- Median family income is **\$54,117**.
- **222** grandparents are responsible for the care of their grandchildren.

According to the Kentucky Cabinet for Health and Family Services, **4,752** people in Scott County receive food stamps. The average family food stamp benefit is **\$254.95** per month.³

In the county, **93** children live in out-of-home care.⁴ In 2004, there were **80** incidents of adult abuse and **94** incidents of child abuse.⁵

*As a result of participation in Scott County Extension programs:*¹

- **30** adult, dependent, and child care providers increased their care giving knowledge.
- **13** people adopted money management practices to reduce debt and/or increase savings.
- **50** people used safe practices to store, handle, and prepare food.

Our Community

Unemployment rates are a key economic indicator. In September 2008, the rate of unemployment in Scott County was **6%**. This represented a **40%** increase from the September 2007 level of **4.3%**.⁶

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Scott County, 90-day mortgage delinquency rates have increased by **13%** and 60-day bank card delinquency rates have increased by **21%**.⁷ In a six-month period (May through October 2008), **110** foreclosures were filed.⁸

Access to health insurance is another important factor contributing to family well-being. In Scott County, **13%** of the people under age 65 are uninsured.⁹

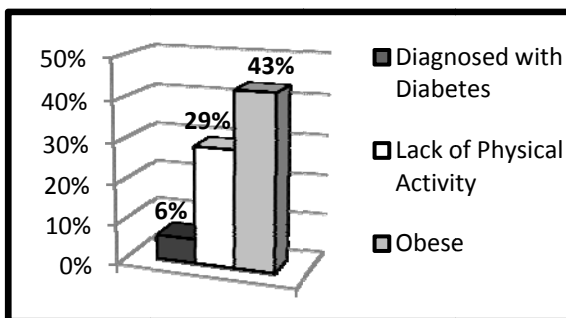
*As a result of participation in Scott County Extension programs:*¹

- **50** adults or youth improved their ability to make informed and effective decisions.
- **45** people involved in addressing issues of their community.
- Scott County Extension is involved in **7** community coalitions.

Our Health

The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Scott County.

Figure 2. Health Risks.⁹



*As a result of participation in Scott County Extension programs:*¹

- **555** people gained knowledge and skills to make lifestyle changes to improve their health.
- **150** people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.
- **90** people made lifestyle changes to improve physical health.
- **165** people implemented new practices to maintain their health and well-being.

Sources

¹ Kentucky Cooperative Extension Service, Impacting Reporting, FY2008.

² U.S. Bureau of the Census, Census 2000.

³ Kentucky Cabinet for Health and Family Services, Data Book, June 2008.

⁴ Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.

⁵ Kentucky Department for Public Health, County Health Priorities, 2004.

⁶ Kentucky Office of Employment and Training, Kentucky Labor Force Estimates, September 2008.

⁷ TransUnion LLC., Trend Data, Quarter 1 2008.

⁸ Kentucky Administrative Office of the Courts, November, 2008.

⁹ Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.