Building Strong Families for Kentucky

. . . . . in Greenup County

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Family and Consumer Sciences Extension is committed to improving the quality of life for individuals and families in Greenup County resulting in strong families for Kentucky. Educational programs focus on:

- Making Beneficial Lifestyle Choices
- Nurturing Families
- Embracing Life as You Age
- Securing Financial Stability
- Promoting Healthy Homes and Communities
- Accessing Nutritious Food
- Empowering Community Leaders

Family and Consumer Sciences Extension made 9,221 contacts with Greenup County families during 2007-2008.1

Our People

The 2000 U.S. Census reported total population as 36,891.2 The graph below indicates the percentage by age group.

Figure 1. Population by Age Group² (n=36,891)

- Age 62 and over: 18%
- Age 17 & Below: 24%
- Age 18-61: 58%

Spotlight on . . .

Embracing Life as You Age

The “Active Aging” program focuses on the idea that wellness is a life-long process. The FCS agent contacted two hospital activity personnel to partner in providing classes in two different locations. Seventy people enrolled in the program. As a result of the program, one of the churches opened its indoor track to the community for individuals to walk on six days per week. Of the enrolled participants, 52 were involved in the entire twelve week session. Benefits reported by participants include friendships being re-kindled, feeling better, and being more flexible.1
Our Families

Using data from the 2000 U.S. Census, Greenup County families can be described as follows:2

- 11,150 families reside in the county.
- 1,289 families (11.6%) live below poverty level.
- Median family income is $38,928.
- 303 grandparents are responsible for the care of their grandchildren.

According to the Kentucky Cabinet for Health and Family Services, 5,450 people in Greenup County receive food stamps. The average family food stamp benefit is $220.08 per month.3

In the county, 75 children live in out-of-home care.4 In 2004, there were 27 incidents of adult abuse and 131 incidents of child abuse.5

As a result of participation in Greenup County Extension programs:1

- 1,788 food stamp eligible or recipient families consumed more fruits and vegetables daily.
- 88 people increased their knowledge and skills related to parenting and personal relationships.
- 45 adult, dependent, and child care providers increased their care giving knowledge.
- 40 people adopted money management practices to reduce debt and/or increase savings.

Our Community

Unemployment rates are a key economic indicator. In September 2008, the rate of unemployment in Greenup County was 6.6%. This represented a 35% increase from the September 2007 level of 4.9%.6

Mortgage and bank card delinquency rates and foreclosure filings are important financial indicators of community well-being. In Greenup County, 90-day mortgage delinquency rates have increased by 5% and 1.58% of bank cards are 60-days delinquent.7 In a six-month period (May through October 2008), 46 foreclosures were filed.8

Access to health insurance is another important factor contributing to family well-being. In Greenup County, 13% of the people under age 65 are uninsured.9

As a result of participation in Greenup County Extension programs:1

- 465 adults and youth utilized improved communication, problem solving, and group process skills to address community needs.
- Greenup County Extension is involved in 74 community coalitions.

Our Health

The health of our people contributes to quality of life. The chart below illustrates health risks of adults in Greenup County.

Figure 2. Health Risks.9

As a result of participation in Greenup County Extension programs:1

- 122 people made lifestyle changes to improve physical health.
- 58 people increased their use of radon testers, smoke detectors, fire extinguishers, and other devices to ensure personal safety.
- 74 people implemented new practices to maintain their health and well-being.

Sources

3 Kentucky Cabinet for Health and Family Services, Data Book, June 2008.
4 Annie E. Casey Foundation, Kentucky KIDS COUNT, 2005.
5 Kentucky Department for Public Health, County Health Priorities, 2004.
7 TransUnion LLC., Trend Data, Quarter 1 2008.
9 Kentucky Institute of Medicine, The Health of Kentucky: A County Assessment, 2007.