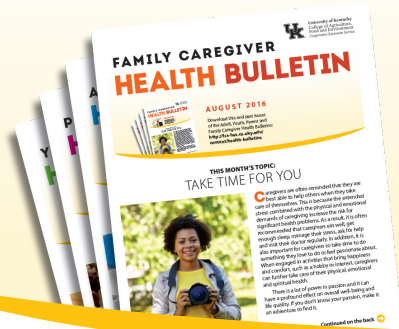




FAMILY CAREGIVER

HEALTH BULLETIN



JUNE 2018

Download this and past issues of the Adult, Youth, Parent and Family Caregiver Health Bulletins:
<http://fcs-hes.ca.uky.edu/content/health-bulletins>

THIS MONTH'S TOPIC:

HELP FIND A CURE FOR ALZHEIMER'S

Participate in research with the UK Sanders-Brown Center on Aging and the Alzheimer's Association



Why participate in research?

Without research, we would not have treatments, prevention or hope for a cure. Teams of scientists, including those at the University of Kentucky Sanders-Brown Center on Aging, are constantly looking for ways to detect, slow, treat and someday prevent Alzheimer's disease and other dementias. They also conduct studies to better understand and promote healthy brain aging.

Who can participate in research?

Anyone who is interested and meets the study protocol can participate. Generally, anyone age 65 and over (if having no memory and thinking issues) and younger ages (for those individuals

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living with dementia and those at higher risk for developing it) are also candidates to participate.

What kinds of studies are available and how long do they last?

Sanders-Brown offers a variety of research studies to the public. Possible opportunities may include studies that focus on memory and thinking, brain imaging, blood work, spinal fluid collection, routine physical exams, medication and lifestyle modification. Each study is different — some will involve a single visit, others may span a number of visits over time. Some studies may even include compensation for participation.

How can someone get involved?

- Contact the Sanders-Brown Center on Aging at (859) 323-2997.
- Enroll in GeneMatch, www.endalznow.org/genematch
- The Alzheimer's Association offers TrialMatch, a free and accessible matching service that produces customized lists of studies specific to your information and what you qualify for. The TrialMatch database includes more than 250 studies being conducted across the county and even online.

Benefits of participating in research

By participating in research, you may help not only yourself, but also others who live with or are at risk for developing Alzheimer's disease. According to the Alzheimer's Association, participation in clinical trials allows you to:

- "play a more active role in your own health care"
- "gain access to potential treatments before they are widely available"
- "receive expert medical care at leading healthcare facilities — often free of cost — while participating in important medical research"
- "help future generations by contributing to Alzheimer's research"

It is important to note that participant health and safety are the number one factors of every research study. Prior to agreeing to participate, researchers will spell out all of the benefits and risks to you so that you know exactly what to expect and what you will be asked to do.

For more information or to volunteer

UK Sanders-Brown Center on Aging:

Hardin Stevens
(859) 323-2997
hardin.stevens@uky.edu



GeneMatch:

<https://www.endalznow.org/genematch>

Alzheimer's Association:

- Create a TrialMatch account online at <https://trialmatch.alz.org/find-clinical-trials#createaccount>
- For additional assistance, email TrialMatch@alz.org or call (800) 272-3900 (press 1 for clinical trials)



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